

Years 3 to 6 - Term 2 - 2020 - Lesson 8
Islam in practice - Night-Time Habits

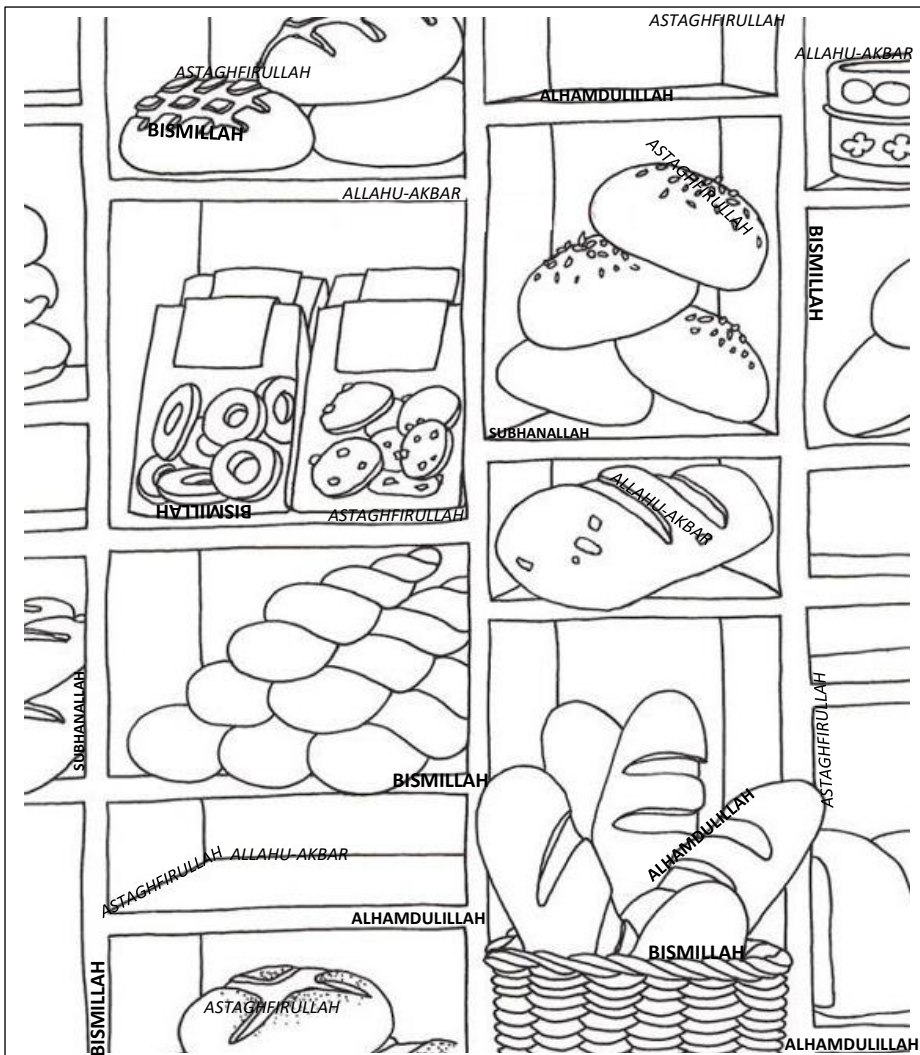
SLEEP LIKE THE PROPHET MUHAMMAD SAW

Use your Bedtime Routine Cube to number the night time routine in order:

 Say Dhikr words on your fingers	 Clean your heart, ask Allah SWT to forgive you	 Make Wudu, Pat down your bed and say "BISMILLAH"
Say Dua: "Bismika- Allaahumma amootu wa ahyaa"	 Sleep on your RIGHT	 Recite the "3 QULS" and Ayat Al-Kursi before bed

CAN YOU FIND ALL THE HIDDEN DHIKR WORDS IN THE BAKERY?

- Place the total number underneath the words you found:



ANSWERS: 5 x BISMILLAH - 3 x ALHAMDULILLAH - 2 x SUBHANALLAH - 7 x ASTAGHFI RULLAH - 4 x ALLAHU-AKBAR

BISMILLAH

ALHAMDULILLAH

SUBHANALLAH

ASTAGHFI RULLAH

ALLAHU-AKBAR

