



## TERM 1: K - 6 Syllabus 2022

### *Back to Basics – The Five Pillars*

Lesson 1: Welcome to Scripture

Lesson 2: Shahadah (Pillar 1, Part 1)

Lesson 3: Shahadah (Pillar 1, Part 2)

Lesson 4: Salah (Pillar 2)

Lesson 5: Zakat (Pillar 3)

Lesson 6: Sawm Ramadan (Pillar 4)

Lesson 7: Hajj (Pillar 5) & Ramadan Reminders



For All Supplementary Term Video Links: <https://www.isre.org.au/2022-term-1-back-to-basics-the-five-pillars/>

#### Important Teacher Notes:

- Please **ABIDE** by the syllabus.
- You need to make sure your lessons for that week corresponds with the topic.
- It is **VERY** important to inform your school and supervisor if you are unable to attend your Scripture Class.
- For any inquiries or questions please contact your supervisor or the ISRE office.
- Only use the approved links provided for each lesson.
- The ISRE program is non-sectarian and is provided to all Muslims students, regardless of their sectarian groupings. The aim of ISRE is to teach students to love, learn and live Islam.
- We welcome feedback or suggestions on how to improve the syllabus. Please email [syllabus.isre@gmail.com](mailto:syllabus.isre@gmail.com)

Office: 2/ 14 French Ave Bankstown NSW 2200

Tel: (02) 9708 0880

Email: [info@isre.org.au](mailto:info@isre.org.au)

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**! IMPORTANT NOTE TO TEACHERS:**

**As-Salamu ‘alaykum Dear Teacher,**

Inshaa’Allah you are in the best of health and Iman. May Allah SWT reward you immensely for your teaching efforts. We encourage you to make scripture lessons as relevant and interesting as possible so that students enjoy coming to scripture! Please try to support the participation of each student.

**Da’wah** (spreading the message of Islam) is recognised by most scholars as being **OBLIGATORY** for all Muslims. The Prophet SAW instructed us to **“convey from me, even one verse” (Bukhari)**. As scripture teachers, we are fulfilling this obligation Inshaa’Allah.

**The Benefits of Da’wah**

1. Achieving the pleasure of Allah SWT (Glorified and Exalted is He).
2. You are given the great favour by Allah SWT to follow in the footsteps of the greatest man, Muhammad SAW, as a Da’ee.
3. You are an ambassador of Islam, inspiring others weekly.
4. “Allah (SWT), His angels and all those in the Heavens and on Earth, even ants in their ant-hills and fish in the water, call down blessings **on those who instruct others to beneficial knowledge**” (Tirmidhi).
5. You are being part of the change you want to see in the world! Your incredible efforts are continuing to inspire and improve future generations.
6. You are strengthening your own relationship with Allah SWT. The knowledge you read and share weekly increases your knowledge and spiritual growth.
7. By giving Da’wah and passing on authentic knowledge we are also protecting ourselves from the punishment of Allah SWT and gaining a Sadiqah Jariyah Inshaa’Allah.

**NOTES on ABBREVIATIONS**

\*\*\*Please explain the importance and meaning of these salutations and encourage students to use these regularly. Please say these words **in their entirety** (e.g. “*Sub-hanahu Wa Ta’ala*”). Do **NOT** say the lettered abbreviation (e.g. “SWT”).

- **SWT-** *Subhanahu wa Ta’ala* - May He be Glorified - used after Allah’s glorious Name.
- **PBUH-** (*Peace be upon him*) or **SAW-** *SalAllahu alayhi Wassalam* - used after the Prophet Muhammad’s name as a mark of respect and to say ‘May Allah SWT’s peace and prayers be upon the Prophet.’ (**PBUH** and the **SAW** are used interchangeably in the Syllabus).
- **AS-** *Alayhissalam*- May Allah SWT peace be on them - used after the name of other Prophets.
- **RAA-** *RadhiAllahu’anhu / RadhiAllahu’anha*- May Allah be pleased with him/her. (Normally used for companions of the Prophet SAW).

**Teachers are kindly reminded:**



- ✓ **Follow the Syllabus closely!**
- ✓ **Encourage worship by instilling the love of Allah SWT and our Deen (religion).**



- × **NOT to discuss sects, politics or other religions.**
- × **NOT to discuss hellfire, hate, the grave, punishment, jinn’s/Devils.**

## STARTING YOUR LESSON

- SALAMS:** We know that teaching scripture may sometimes be challenging, and that a good start to each lesson is important, so teachers should start each lesson enthusiastically, using the Islamic greeting:

*"As-salamu 'alaykum..."*

*"peace be upon you"*

Encourage students to respond with the reply of *"wa-alaikum Assalamu wa Rahmatullahi wa Barakatuhu,"* (and may the peace and mercy and blessings of Allah be upon you). Please explain the meaning. Try to always use this greeting, as spreading this greeting was described in hadith as one of the best things that a Muslim can do!

- DUA:** Teachers may find it helpful to then begin their lesson by reciting and explaining the following Dua of Prophet Musa AS with students. Teachers should explain that this Dua can be used to help with important tasks, speeches, to improve confidence and communication. Teachers can mention how saying it helps calm you as you start your lesson.

*Rabbishrah lee sadree, Wayassir lee amree, Wahlul 'Uqdatam-mil-li saanee,  
Yafqahoo qawlee* (Surat Ta-Ha, verses 25-28)

***"O my Lord! Expand for me my chest (grant me peace, contentment and confidence); ease my task for me; and remove the impediment from my speech (remove incorrectness from my speech/ help me say the right things), so that they understand what I say."***

- AL FATIHA/ BISMILLAH:** Teachers may find it beneficial to start each lesson with Surat Al-Fatiha, or by saying "Bismillah" (in the Name of Allah) with students. We want students to understand that we start every good thing remembering Allah SWT. The syllabus aims to always include some discussion of Allah SWT's Glorious 99 Names each term in order to help increase an awareness and love of Allah SWT in our lives and in every act we do.

**ENDING THE LESSON:** At the end of each lesson, try to conclude with the following closing Dua. The Prophet SAW informed us that if this Dua is said at the end of a gathering, Allah SWT will forgive us for any intentional or accidental mistakes we might have made during the gathering.

*Subhanaka Allahumma wa bi hamdika ashadu an la ilaha illa anta astaghfiruka wa atubu ilayk*

***O Allah! You are free from every imperfection; praise be to you. I testify that there is none worthy of worship except you; I ask Your forgiveness and turn to You in repentance.***

**SYLLABUS STRUCTURE:** Lessons will generally contain the below structure/ information and icons:

LESSONS LEARNT / REFLECTIONS		ATTENTION TEACHER / PLEASE NOTE	 or ***
DEFINITION/IMPORTANT KEY POINT/ BENEFITS		STORY (optional)	
WHITE BOARD ACTIVITY (optional)		VIDEO LINKS (optional)	



Supplementary Term Video Links: <https://www.isre.org.au/2022-term-1-back-to-basics-the-five-pillars/>

## LESSON 1: Welcome to Scripture

KINDY	<ul style="list-style-type: none"> <li>• Students learn the purpose of scripture.</li> <li>• Students learn key terms (Allah SWT, Islam, Muslim).</li> <li>• Students are introduced to the Muslim greeting in Arabic and English.</li> </ul>
Yr 1 & 2	<ul style="list-style-type: none"> <li>• Students develop understanding of the purpose of scripture</li> <li>• Students develop their understanding of key terms (Allah SWT, Islam, Muslim, Alhamdulillah, good deeds).</li> <li>• Students understand the Muslim greeting in Arabic and English.</li> </ul>
Yr 3 & 4	<ul style="list-style-type: none"> <li>• Students understand the significance of attending scripture</li> <li>• Students extend their understanding of key terms (including Allah SWT, Islam, Muslim, Alhamdulillah, good deeds, rewards/hasanat).</li> <li>• Students understand the Muslim greeting in English and Arabic and practice responding to the Muslim greeting.</li> </ul>
Yr 5 & 6	<ul style="list-style-type: none"> <li>• Students extend understanding of the significance of attending scripture.</li> <li>• Students demonstrate understanding of key terms (including Allah SWT, Islam, Muslim, Alhamdulillah, good deeds, rewards/hasanat).</li> <li>• Students develop understanding, fluency and confidence saying and responding to the Muslim greeting.</li> </ul>

### KINDY – YEAR 6

#### INTRO (10mins):

As-Salamu ‘alaykum everyone. My name is \_\_\_\_\_ and I’m so glad to be your scripture teacher this year Alhamdulillah! Inshaa’Allah, we’ll be having an exciting year of scripture and will learn a lot about Allah SWT and our religion Islam. We are here today because we are Muslims, and all Muslims are one big family – so I am very excited to meet you all! Soon we will play a game to get to know each other but first - let’s talk a bit about Allah SWT as He is the focus of everything we learn about together. Allah SWT is our Maker, the One and Only God, the Most-Magnificent, the All- Powerful and Most -Kind!

***So, what do you know about Allah SWT? \*\*\* Briefly allow a few students to mention their prior knowledge, and prompt discussion around:***

- **Allah** is the Arabic word for God and is one of His many Names which describe Him. Allah SWT is the **One and Only God and He is the Most Powerful and All-Able (Al-Qawiy and Al Qadir)**. Allah SWT does NOT have any children or parents, or partners and He does not need any.
- Allah SWT is our Creator, **Al Khaaliq** - He made us and all the natural world, the planets, stars, oceans, trees, flowers, air, animals, stones, and mountains. He gave us our brains to make things too, like houses, trains, computers etc...
- Allah SWT is so amazing! That’s why we say, **‘Subhanahu wa Ta’ala’ (SWT)** after we say His name - it means, **‘how Glorious and Magnificent is Allah!’**
- Allah SWT made us and so He loves us and always wants the best for us! He wants us to worship and remember Him always. He sent special people, called Messengers, to teach us the **Deen** or the religion, called **ISLAM**, which is the best way of living. People who believe in Allah SWT and the last and Messenger, Prophet Muhammad SAW, are called **MUSLIMS**. (\*\*We will talk more about this next lesson!)

**This Term we will be leaning about the 5 Pillars of Islam, or the 5 Compulsory Must Do’s for Muslims.** Allah SWT tells us: **“My servant does not draw closer to Me by anything more beloved to Me than that which I have made obligatory (or compulsory/necessary) for him/her...”** (Hadith Qudsi) so we need to learn about the must do’s if we want to be Muslim and get close to Allah SWT.

#### THE IMPORTANCE OF SCRIPTURE (5min):

So, whenever we are here, learning about Allah SWT, Islam and what it means to be a Muslim,

special angels who seek out learning groups like ours, join and gather around us with their big, beautiful wings all the way up to the sky! These wonderful Angels make Dua for us, and Allah SWT sends us His peace and proudly even tells other Angels about us!

*“When a group of people assemble for the remembrance of Allah SWT, the Angels surround them (with their wings), (Allah’s) mercy envelops them, Sakinah, or tranquillity (peace) descends on them, and Allah makes a mention of them before those who are near Him.” (Muslim).*

Subhan Allah, Allah SWT gives enormous rewards and when we remember and talk about Him. And when Allah SWT is happy with us, He make others love us too! So, let’s not waste a second! Let’s think of some ways to make the most of our time together...

**BRAINSTORM (5mins):** What rules could help us make the most of our time together? (\*\*\*)Discuss just a few key rules, write up on the board/butchers paper if possible. Keep rules positive and simple, e.g..)

- 1) We say “As-Salamu’alaykum,” when we meet
- 2) We raise a hand and wait for permission when you want to talk
- 3) We listen politely to others when they are talking without interrupting.
- 4) We stay focussed by facing the teacher when he/she is talking
- 5) We answer questions and participate in discussion.
- 6) We respect and look after our workbooks!

### **LET’S LEARN MORE ABOUT MUSLIMS (5min)**

Did you know, even though Muslims live all around the world and speak different languages, we all have the same special way to say “Hello” and “Goodbye?!” We say: **“As-salamu’alaykum wa Rahmatullahi wa Barakatuhu!”** which means we hope the person **has peace and all good things, blessings and mercy from Allah SWT!** Muslims reply by saying – **“Wa alaikum as-salam wa rahmatullahi wa barakatuhu”** meaning may **the peace, mercy, and blessings of Allah be with you too!**

When we use this greeting, Allah SWT gives us lots of **‘hasanat’** – **hasanat** are like rewards, points or ticks we get recorded for us every time we do a good deed. So do you know how many hasanat for saying the Salam?

*“... A man passed by the prophet of Allah SAW while he was sitting with some others, and said “Salaam walaikum”. The Prophet SAW said, “He will have ten (10) hasanats.” Another man passed by and said “Salaam walaikum wa rahmat-Allah.” The Prophet SAW said, he will have 20 hasanats.” Then another man passed and he said “Assalamu-walaikum wa rahmat -Allaahi wa barakaatuhu.” The Prophet SAW said, he will have 30 hasanats” (Bukhari). Alhamdulillah, how easy is it to get hasanat from Allah SWT! Just by saying the Salam and greeting others nicely! Let’s say our Salams every lesson inshaa’Allah!*

**\*\*\*EXTENSION YEARS 3 – 6: (\*\*\*)K – 2 Teachers please continue to the ACTIVITY/GAMES).**

**Do you know when to say Salam?** Salam should be said when you are entering or leaving your home, when you meet your parent, when you walk into a room, when you meet someone you know (or even a Muslim you don’t know!), when you have visitors or join a group of people, when you call our friend on the phone (instead of saying ‘hi!’) Subhan Allah, all these opportunities to wish others well and

have others wish us well! And did you know, that when we say ‘Salams’ and send peace to each other we are also sending Salams and peace to the Angels around us!

**Getting to Know You GAME: (15mins) SALAM, NAME, ALHAMDULILLAH**

ⓘ **\*\*\*ATTENTION TEACHERS:** Please pick one option from Step 3 below. You can cut down parts of the game further if required (e.g., only SALAM & NAME or just NAME & ALHAMDULILLAH for Kindy and Year 1) or add a 15 – 20 second time limit for older student responses to make it more challenging (*a student can be your Timekeeper and perhaps clap when the time limit is reached*). Please model activity after explaining the game, e.g., **“Ok, so now I will go first.... As-salamu-alaikum wa rahmat -Allaahi wa barakaatuhu everyone! My name is Miss/Mr \_\_\_\_\_ and Alhamdulillah, something special about me is that I ... \_\_\_\_\_”** OR **“Ok, so now I will go first.... As-salamu-alaikum wa rahmat -Allaahi wa barakaatuhu everyone! My name is Miss/Mr \_\_\_\_\_ and Alhamdulillah, thank you Allah for \_\_\_\_\_”**

**SAY:** OK class, now, let’s learn more about you by playing a game! This game is called SALAM, NAME, ALHAMDULILLAH. **“Alhamdulillah”** is how we say, **“thank you Allah,”** and **“all praise is for Allah”** in Arabic.

We’ll go around the class/ or you can put your hand up if you want to give it a go. To play you need to:

1. First say **“As-Salamu’alaykum,”**
  2. Second, say your NAME,
  3. Third, say ALHAMDULLIAH, thank you Allah for.....
- OR
- ALHAMDULLIAH, one SPECIAL thing about me is.....

**CONCLUSION (2mins):** Thank the students for sharing some things about themselves with you and the class and review lessons learnt.



**LESSONS LEARNT:**

- Our time together is very precious – we need to come on time and be ready to learn so we can learn lots about Allah SWT and Islam – and there is nothing more important than Allah SWT and what He loves and how we can become closer to Allah SWT. So, let’s care for our time together by sticking to scripture rules and by asking Allah SWT to increase us in knowledge about Islam. We can try to say **“Rabbi zidni ‘ilma”** (*My Lord, increase me in knowledge!*) at the start of every scripture lesson to ask Allah SWT to increase us in beneficial knowledge inshaa’Allah!
- Muslims must do good things, and the 5 Pillars are good things Muslims must do. Muslims are told to be people who encourage the good and prevent the bad. Whatever good you learn, you can share with family and friends and be a teacher of Islam too! Start by sharing the Muslim greeting with your family and perhaps sharing with them something you are thankful for and say **“Alhamdulillah”!**

## LESSON 2: Shahada (Pillar 1, Part 1)

KINDY	<ul style="list-style-type: none"> <li>Students learn that there are Five Pillars of Islam (things a Muslim must do) and are introduced to the initial part of the first Pillar, belief in One God.</li> </ul>
Yr 1 & 2	<ul style="list-style-type: none"> <li>Students understand that there are two critical parts to the First Pillar (the Shahadah).</li> <li>Students can identify the first part of the first Pillar, belief in one God (Allah SWT).</li> <li>Students learn some attributes and Names of Allah SWT.</li> <li>Students learn that Muslims say Subhanahu wa Ta'ala, (SWT) to glorify Allah.</li> </ul>
Yr 3 & 4	<ul style="list-style-type: none"> <li>Students extend understanding of the testimony of faith as the first Pillar of Islam and are introduced to the concept of Tawhid (belief in One God).</li> <li>Students develop understanding of Attributes/ Names of Allah SWT</li> <li>Students practice saying Subhanahu wa Ta'ala, to glorify Allah when His Name is mentioned.</li> </ul>
Yr 5 & 6	<ul style="list-style-type: none"> <li>Students understand the importance of the concept of Tawheed for a Muslim.</li> <li>Students can identify some of the Attributes and Names of Allah SWT, including those in Surah al-Ikhlās (Quran 112).</li> </ul>

### EARLY STAGE 1 – STAGE 1

### KINDY – YEAR 2

Last week we learnt that “Allah” is one of the Arabic words for God, and whenever we hear Allah SWT mentioned, we say “**Subhanahu wa Ta'ala**” (may He be glorified) out of respect for Allah SWT. Let’s remember that it is Allah SWT who **created everything** around us, the things we can see and those that we can’t. He SWT made all of us people, animals, plants, rivers, oceans, insects, planets, stars - every natural thing we see in the world!! Muslims are special people who believe that **there is only one God** - Allah SWT. He is the One and True Rabb! To show this belief, Muslims say an important sentence in Arabic which is called the **Shahadah!**

The Shahadah is what makes us a Muslim. It is called the first Pillar of Islam. A pillar is a strong thing, usually a strong part of a building, that holds and supports other part of a building. If the pillar is strong then it is likely the building will be strong as well. **In Islam, we have FIVE pillars that make us strong Muslims.** We will learn more about the 5 Pillars this term but today, let’s learn more about the first Pillar, the Shahadah. This special sentence is: (\*\*Point right index finger upwards and slowly say...)

***Ashadu an la ilaha illa-lah,***

***I believe There is no God but Allah***

***wa ashadu anna Muhammadun rasūlu llāh***

***and I believe that Muhammad is His Messenger***

(\*\*The second part of Shahadah is introduced to students here but will be discussed more next week).

Let’s repeat the first part of the Shahadah in English and Arabic:

***“La illaha illa Allah”***

***“There is no God but Allah”***

**Repeat x3  
together in both  
Arabic & English.**

So, the first part focuses on Allah SWT. He is the One (**Al Ahad**) (\*\*Use fingers to indicate the number one) because nothing is like Him. He doesn’t need anyone. He has no father, no mother, no brother, no sister, no daughter, no son!!! He is not related to anybody, and He does not have any partners. Nothing and no one is equal to Him! He never gets tired, and never sleeps, or eats, or drinks because He is **All Capable** and **All Powerful (Al Qadr)**. Allah SWT hears, sees, and knows EVERYTHING! Nothing can be hidden from Allah SWT, not even our secret thoughts! Allah SWT knows all about them.

Allah SWT is **Al Awwal** (The First)! This means that there was nothing before Him ever. He is the One who made us Muslims and gave us Islam. He is the **Most Loving** (Al – Wadood), the **Most Kind** (Ar-Ra’oof). **Ar-Rahman Ar-Raheem** (the Most Gracious, the Most Merciful) and **Al – Barr**, which means all good comes from Him. When we are amazed by how great and magnificent Allah SWT, Muslims say “**Subhan’ Allah!**” (*How glorious and amazing and marvellous is Allah!*). Let’s practice saying “Subhan Allah” again. (\*\*\*)Repeat slowly together).



### LESSONS LEARNT:

Muslims believe in and worship Allah SWT only. We do what He loves and keep away from what He dislikes because we know Allah SWT is The Source of All Good. He loves us and always wants what is best for us. The Shahadah is the best thing we can ever say, and we are so blessed to be MUSLIMS!

### STAGES 2 & 3

### YEARS 3 – 6

Every building has pillars (or strong parts/columns) that hold it up and support it. If the bottom and the walls of the building are strong, then everything else inside of the building will be strong as well. For Islam, these pillars are known as The Five Pillars of Islam. These Pillars are essential for every single Muslim. The Prophet SAW said:

**“Islam is built on five (Pillars): Declaring that there is no god except Allah and that Muhammad is the Messenger of Allah, establishing prayer (salah), paying Zakat, Hajj and fasting Ramadan.”** (Bukhari).

**OPTIONAL ACTIVITY:** Ask a student to trace their hand on the board and label a pillar on each illustrated finger as you go OR you can draw (or use blocks to build) a building with 5 pillars/columns.

Allah SWT made the 5 Pillars **compulsory** for every Muslim – they help keep us guided on the **straight path** (what Muslims call the *Sirat Al-Mustaqueem*) and help us live in a good way all our lives.

Remember, whenever the name Allah SWT is mentioned, we should say “**Subhanahu wa Ta’ala**” (may He be glorified) out of respect for Allah SWT. And whenever we hear or mention the Prophet Muhammad, we say, “**sallallahu alayhi wa salaam**” (may Allah SWT’s peace and prayers be on him). This increases our love for the Prophet SAW and Allah SWT will bless and raise your rank, inshaa’Allah.

### Significance/ Importance of the Shahadah:



Why are you a Muslim? Because you were born into a Muslim family? What really makes you a Muslim? Belief in the Shahadah – the declaration of faith - is the first and most important Pillar of Islam because **it is what makes you a Muslim!** The Shahadah is the core of our Muslim identity and connects us to all other Muslims! The Shahadah is how we declare our *Iman* (faith)!

The Shahadah is what any person must say to become Muslim! It was the **first thing** whispered into your ears as a baby! These words (also called the **Kalima**) are so important because they are the **key to Jannah/Paradise!** *Fun Fact:* Muslims actually say the Shahadah a few times in the **Athan** (call to prayer) and in **Salah** (prayer) every day!! However, we need to understand how to use this key to Jannah and live by it. So, let’s try to understand the Shahadah. There are 2 parts:

- Firstly, that you believe and are certain without a doubt that: *There is no God but Allah - Ashhadu ana la ‘ilaha ‘ illa llah.*

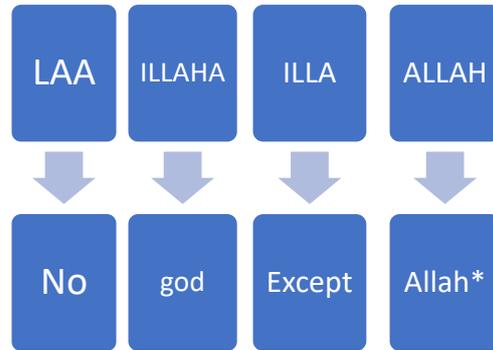
- And secondly, that Muhammad SAW is His Messenger: ***wa ashadu ana muhammadun rasulu llāh.***

**Today we will look closely at the first part of the Shahadah:**

*Ashudu*: meaning that you “**declare or testify**” or make a statement of something to be true. When you declare something and testify to it, it shows you are proud about it and that you strongly believe in it.



Let’s break the rest of it up.... (\*\*Write on board, if possible, for added clarity):



\*Allah = *The God*, the Arabic word for God is Allah SWT. Allah SWT has many names and the best of them is the name **Allah** SWT!

So, Muslims believe and declare that there is No God but Allah SWT **worthy/deserving** of our worship. Believing in just one God is called **Tawheed** (\*\*you can write this key word on the board). Tawheed means we worship Allah SWT alone; we only ask Allah SWT for whatever we need, we live and do things for Allah SWT alone and do things only to make Allah SWT happy with us. We do not worship or put before Allah SWT any idols, people, celebrities, Prophets, imams, graves or saints or **ANY OTHER CREATION**. Instead, we **WORSHIP and obey ONLY our CREATOR**. Sometimes, we get distracted with things like our phones, TV, celebrities/idols, and we unintentionally lose our focus on Allah SWT, like when people play on their PlayStation when they should be praying! Allah SWT should be our top **priority** - so pray first and then play!

**Who is Allah SWT to you?**

To love someone, we must first know them. The first step to understanding the Shahadah is to **know who Allah SWT** is. Learning about Allah SWT will bring you closer to Him and help you love Him. Knowledge is power and knowledge of Allah SWT is the **greatest empowerment!**

Allah SWT describes Himself in a special book He sent us, called **the Quran**, so that we can learn about Him and the purpose of our lives. **Reading and understanding the Quran is the best way to help us get closer to Allah SWT**. There’s a special chapter in the **Quran**, called **Surat Al-Ikhlāṣ (Sincerity, Quran: 112)** that tells us about Allah SWT. The chapter/ Surah is very short with only 4 **Ayats** (verses/sentences) but tells us a lot about Tawheed and helps us understand more about Allah SWT!

**Bismi I-lāhir-Raḥmānir-Raḥīm**

In the name of Allah, the Compassionate, the Merciful.

**Qul huwal laahu ahad**

1. Say, “He is Allah, [who is] One,

**Allahus samad**

2. Allah, the Eternal and Absolute.

### Lam yalid wa lam yoolad

3. He does not have children, nor is born,

### Wa lam yakul-lahu kufuwan ahad

4. And there is none comparable to Him.”

These short sentences are easy to learn and important to understand. Our Creator is the **AHAD**, the One and Only in Control, **AS SAMAD**, the Limitless and Perfect Being that everything relies on! How magnificent is Allah SWT! **Subhan Allah!** *When Muslims are amazed by how great and magnificent Allah SWT is, we say “Subhan’ Allah!” (How glorious and amazing and marvellous is Allah!).*

### More on who Allah SWT is:

- ✓ **Allah SWT is Ar-Rahman** (the Most Merciful/Kind) and **Ar-Raheem** (the Entirely Merciful/Kind). It is through Allah SWT’s Rahmah (mercy) that we are protected, guided, loved and able to do anything! Everything good we have is from Allah SWT (e.g., sight, hearing, thinking, etc).
- ✓ **Allah SWT is Al-Malik, The King** (Owner of everything seen and unseen). We live in His Kingdom, so Allah SWT makes the rules and decides what is right and what is wrong. We need to follow His rules because everything belongs to Him.
- ✓ **Allah SWT is Al-Khalig** - The Creator of everything in the universe and all that there is. He is **Al-Awwal** (The First), nothing came before Him, He has just always been there. Allah SWT is always creating e.g., as you sit here in this room, over **100 million** new red blood cells are being formed in your body every minute! Subhan Allah, Allah Akbar!
- ✓ **Allah is Al-Barr, the Source of All Goodness** - and He loves goodness, all He wants for us is to believe in Him and live good lives and do good actions.
- ✓ Allah SWT is **Al-Samee** (All- Hearing) and hears you always. He hears the cries of all creations, small or large. He is **Al-Baseer** (All-Seeing) and sees you always. He is **Al-Aleem** (All Knowing) and knows everything!! Subhan Allah! “... **Not a leaf falls but with His knowledge...**” (Quran 6:59).



### LESSONS LEARNT

- **Islam is a gift** from Allah SWT! Embrace it, learn it, love it, hold tight to it as you live it. NEVER ignore your belief and never take it for granted. Alhamdulillah that we are Muslim! The first part of our Shahadah means making **Allah SWT our main focus in life!** And so, the Quran should be our focus also. We are Muslims just for ourselves and Allah SWT, not for family, friends or community.
- The Prophet SAW said, “Whoever dies knowing that there is no one worthy of worship EXCEPT ALLAH shall **enter Paradise**” (Sahih Muslim). This is why we repeat La illah illa Allah over and over, every day! Now that you understand what it means, say it with sincerity because this is how the key of Paradise works. **Did you know, the Shahadah is so powerful that “La ilaha illallah” is in fact is the best dhikr/remembrance!** (Tirmidhi).
- The Shahadah teaches us that Allah SWT is Al Ahad, the **Only One in control**. So, Muslims don’t believe in star signs/ horoscopes, fortune telling, good/bad luck, charms, or omens etc. Muslims are certain that **nothing** happens without the permission of Allah SWT. The Prophet SAW said: “**Know that what has passed you by was not going to happen; and that what has happened to you was not going to pass you by....**” (Al-Tirmidi). Salah and Dua helps us since only Allah SWT is in control.

## LESSON 3: Shahada (Pillar 1, Part 2)

KINDY	<ul style="list-style-type: none"> <li>• Students learn about the second part of the Shahadah, that Muslims believe in Prophets and that the final Prophet was Muhammad SAW.</li> <li>• Students are introduced to the concept of Prophets and their purpose.</li> <li>• Students learn that Messengers received special scriptures or Books to help guide people and that the Book Prophet Muhammad SAW received was the Quran.</li> </ul>
Yr 1 & 2	<ul style="list-style-type: none"> <li>• Students deepen understanding of the second part of the Shahadah, and some characteristics of final Prophet, Muhammad SAW.</li> <li>• Students extend understanding about the final Book sent to us through Muhammad SAW, the Quran and its purpose.</li> </ul>
Yr 3 & 4	<ul style="list-style-type: none"> <li>• Students extend understanding of the importance to follow the example of Prophet Muhammad SAW and of develop a relationship with the Quran.</li> <li>• Students practice saying both parts of the Shahadah in English and Arabic.</li> </ul>
Yr 5 & 6	<ul style="list-style-type: none"> <li>• Students can identify in Arabic and English both parts of the Shahadah</li> <li>• Students understand the importance, benefits and impact of belief (Pillar 1, the Shahadah) for their lives.</li> </ul>

### EARLY STAGE 1 & STAGE 1

### KINDY – YEAR 2

Last week we started learning about the Shahadah, the first and the most important Pillar of Islam. We learnt about the first part of the Shahadah. Today, we will talk about **the second part**. But first, let's see who remembers the first part we learnt last week?

**ASH-HADUN LĀ 'ILĀHA 'ILLĀ -LLĀH...** *There is no god but ALLAH.*

The next part goes like this...

**WA-'AŞHADU 'ANNA MUḤAMMADAN RASŪLU -LLĀH!** This means, **I believe Muhammad SAW is the Prophet and Messenger of Allah SWT.** Muhammad SAW was specially picked by Allah SWT to be the last and final Messenger, so whenever we hear the **Prophet Muhammad** mentioned, it is very important to say **SalAllahu alayhi Wassalam** for respect. Allah SWT gives us many rewards for showing this respect so let's see who is listening carefully and can say **SalAllahu alayhi Wassalam** whenever you hear me say Muhammad... **SalAllahu alayhi Wassalam!**

A Messenger or Rasool is someone who delivers a message. Allah SWT's message is *La illaha illa Allah* (there is no God but Allah SWT). The last Messenger Allah sent was the Prophet Muhammad SAW. He was sent to teach the world **about Allah SWT and about Islam**. Allah SWT sent Muhammad SAW a special book, called the **Quran**, which has Allah SWT's instructions and rules and lots of information to help us live good lives. *Who has a Quran at home?* The Prophet Muhammad SAW helped to explain the Quran to us and showed us how follow Allah SWT's instructions in the Quran. So, we **follow the actions and teachings of the Messenger Muhammad SAW in order to get closer to Allah SWT.**

What does it mean to follow someone's actions/ways? It means you copy them and try to be like them. We need to copy the actions of Muhammad SAW if we want to be a good person like him!

*So, what did the Prophet Muhammad SAW do?* He was the best example for the whole world to follow because he always had excellent manners, he was gentle, kind and honest, he treated people (and even animals) fairly and with respect. He always made others feel special and cared for! And Prophet

Muhammad SAW patiently taught everyone about Allah SWT and how to love Allah SWT. So, we love the Prophet Muhammad SAW for completing this mission!

### His Honesty:

Because we love Allah SWT's Prophet SAW, we should do our best to learn from him and be like him. One of the most important things the Prophet Muhammad SAW taught us was the importance of being truthful and honest. Everyone trusted him so much they would ask him to look after their things and would ask for his help. They all called him the Truthful and Trustworthy One! *Why do you think being truthful and honest is important?* (Allow students to suggest some reasons). The Prophet SAW said:

**“Truthfulness..... leads to Paradise/Jannah!”** (Bukhari).

Prophet Muhammad SAW taught us many, many things that we try to follow every single day. For example, do you know how he SAW taught us to eat? (*With our right hand!*); What to say what before we eat? (*Bismillah!*); What to say what when we greet people? (*Salams*); How to treat others? (*Kindly! Smiling is also a sunnah/practice of the Prophet! Can you all show me your smiles? Mashaa'Allah!*).



### LESSONS LEARNT:

- The Shahadah is what we say to be Muslim; the first part means we believe in and worship only one God, Allah SWT - the second part means we believe in His Messenger, Muhammad SAW.
- Allah SWT tells us that Prophet Muhammad SAW was the best example for us to learn from, because he had the best manners, was the kindest and most honest man. Muhammad SAW was especially picked by Allah SWT to teach the whole world about Allah SWT and the Quran and Allah SWT loved Prophet Muhammad SAW very much. We should do our best to learn from Prophet Muhammad SAW and be like him as much as we can, so Allah SWT can love us too.

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## STAGES 2 & 3

## YEARS 3 - 6

Last lesson we learnt the first part of our faith is to believe in Allah SWT alone, and that He is our Rabb/Lord (La illaha illah Allah). Today we will talk about the second part of the Shahadah; **ASHAHADU ANA MUHAMMADAN RASOOLALLAH!** – These special words mean that you believe that Muhammad SAW is a Prophet and Messenger of Allah SWT.

A **Prophet** in Arabic is a **Nabi**. Allah SWT has sent over 124, 000 Prophets to remind people over and over to believe in Him. Prophets have knowledge of Allah SWT and His rules/commands. Does anyone know who the first Nabi/Prophet was? Adam AS!

A **Messenger** in Arabic is a **Rasool**. A Rasool is also a Nabi/Prophet (but not all Nabi are Rasool). A messenger/Rasool is someone who **delivers a message!** The five best Messengers of Allah SWT (Ulul'Azam) are: Nuh (Noah) AS, Ibrahim AS, Musa AS, Issa AS and... can anyone guess the last one? Prophet Muhammad SAW! Yes, Allah SWT saved the very best for last!

Prophet Muhammad SAW was sent as a mercy and blessing to ALL of humankind. His purpose was the same as all the other Messengers- to guide **everyone on Earth** to believe in *La illaha illa Lah*.

Prophet Muhammad SAW was the son of Abdullah and Aaminah, and was born in Makkah. Before becoming a Prophet, Muhammad SAW was well-known in Makkah as **As-Sadiq (the Truthful) and Al-**

**Amin (the Trustworthy).** Everyone loved him and went to him for his help and advice; even before he became a Prophet. He SAW was kind, wise and treated everyone equally; he helped anyone in need; he never hurt anyone or spoke a bad word even when people treated him badly. When Muhammad SAW was 40 years old, Allah SWT sent Angel Jibril AS (the greatest Angel) to inform Muhammad SAW of his special mission: to spread Allah SWT's guidance on Earth.

The Quran was sent down verse by verse for over 23 years to the Prophet SAW. Does anyone know what the first verses revealed were? Iqra was the first word of the first five verses of Surah Al-Alaq which were revealed in Cave Hira! **So, who can tell me what the Quran is?** The Quran is the book that contains the speech of Allah SWT. The Ayat (or sentences/verses) in the Quran were sent to teach us about Allah SWT, what Allah SWT expects from us, and how to be good people.

The Prophet Muhammad SAW is described in the Quran as being the BEST of creations and **“on an exalted (high standard) of character”** (Quran 68:4) so Prophet Muhammad SAW is therefore our role model for everything we say and do. **“His SAW character was the Quran”** (Muslim). He SAW always did **exactly** what Allah SWT instructed him to do. Prophet Muhammad SAW demonstrated and explained to his followers (in the past and us today) the commands/rules of Allah SWT.

Alhamdulillah, Allah SWT has allowed Muslims to record, collect and preserve thousands of the Prophet SAW's words, actions and teachings, in narrations/ stories called **HADITH**. We call the way he did and said things, his **SUNNAH**. By following the Prophet SAW's way, we become part of the community or nation of Muhammad SAW, or the **UMMAH** of Muhammad SAW.

So, the Shahadah teaches us that the ONLY way to Allah SWT is by **following** His Rasool/Messenger - this is why believing in the Messenger Muhammad SAW makes up the second part of the Shahadah. Believing in Allah SWT and the Prophet SAW **go hand in hand - you can't have one without the other**. Allah SWT repeats many times in the Quran that we need to **follow** Muhammad SAW:

**“Obey Allah, and obey the Messenger... If you obey him, you shall be on right guidance. (24: 54).**  
And **“...whoever obeys Allah and His Messenger, Allah shall allow him/her in the Gardens underneath which rivers flow. (4:13)**

This means that if we want to get close to Allah SWT and be on the right path to enter Jannah, we need to:

1. **Believe** that everything the Prophet SAW told us is **true**. The Prophet SAW spoke about the unseen world- things we can't see like Angels, Jannah and its levels. He spoke about things from the past (stories of past Prophets) and also advised us what will happen in the future (e.g., on the Day of Judgement).
2. **Love and follow the Prophet SAW** by following and listening to his advice very carefully. The more we learn about him, the more we love him and try to follow him! The Prophet SAW said, *“...Whoever loves me will be with me in Jannah!”* (Tirmidhi). Allah SWT gave the Prophet Muhammad SAW a great deal of wisdom to teach us. The Prophet SAW explained to us what is *halal* (allowed) and what is *haram* (not allowed); what Allah SWT likes and what He dislikes. **“So, take whatever the Messenger gives you and keep away from what he bans you (from)” (Quran 59:7).** Remember Prophet Muhammad SAW never spoke from his own feelings, he only said what Allah SWT commanded him to.

3. **Worship** Allah SWT the way the **Prophet SAW showed us**. For example, in the Quran it tells us that we have to pray, fast, and give charity. The Prophet SAW *showed us HOW* to pray correctly so we copy his actions. He SAW *taught us how to* fast and do actions pleasing to Allah SWT. We **do not add** things to the religion and make up our own rules; this is incorrect and is **not following** the Prophet SAW. There is no Prophet after Muhammad SAW, and no other book after the Quran! **“The Religion with Allah is Islam” (Quran 3:19)** and Allah SWT promised to keep His religion (Deen) of Islam safe until the end of time!



### LESSONS LEARNT:

- The Shahadah is what we say to be Muslim, and what we repeat constantly throughout our day (e.g., during our Salah) to remind us of **who we are** – we are people who believe in Allah SWT and **follow** the Prophet Muhammad SAW. Repeat the Shahadah as often as you can and remind yourself that you are a Muslim who is honoured by Allah SWT, even Angels make Dua for you!
- **Muhammad SAW is a positive role model who inspires us to be better people!** Ask yourself: Who do you really love and follow? In today’s social media world, we are always liking and following certain celebrities, youtubers etc. Be careful who you follow because these people may **do haram things** and following the wrong behaviour can lead us away from Islam. Before you make that video or type that comment or send that pic, please ask yourself... **would Allah SWT and His Prophet SAW approve of this? Will this help me get into Jannah?**
- **Following the Prophet SAW means gaining his support on Judgement Day.** His followers will stand near him on that day and the Prophet SAW will make Dua to Allah SWT until his entire Ummah enters paradise. The gates of heaven have been instructed to open for Muhammad SAW - so, *who do you want to be next to on that Day?* Learn about him so you can really love him and be like him. Remember, the Prophet SAW said, *“...Whoever loves me will be with me in Jannah!”* (Tirmidhi).

**EXTENSION Reflection:** What hadith do you know? What practices of the Prophet SAW, do you do every day? (*Saying Bismillah before anything, using right hand to eat, spreading Salam, smiling, obeying parents etc*).

## LESSON 4: Salah (Pillar 2)

KINDY	<ul style="list-style-type: none"> <li>• Students learn about the second Pillar of Islam, Salah and some of the benefits of Prayer/ Salah for a Muslim</li> </ul>
Yr 1 & 2	<ul style="list-style-type: none"> <li>• Students understand the importance of Salah/ prayer and some of its requirements (e.g., to pray 5 times a day and are introduced to Wudu).</li> </ul>
Yr 3 & 4	<ul style="list-style-type: none"> <li>• Students are introduced to the story of Isra’wal Miraj (anniversary of which falls around 28/2/22).</li> <li>• Students understand the names and times for Fard (compulsory) prayers and that there are requirements for prayer (e.g. Wudu, Qiblah, clean space, dress requirement).</li> </ul>
Yr 5 & 6	<ul style="list-style-type: none"> <li>• Students extend understanding of the importance of prayer for their lives and the benefits for themselves and others.</li> <li>• Students understand there are types of prayers e.g. compulsory (Fard) &amp; recommended but optional (Sunnah/Naafil) prayers</li> </ul>

**EARLY STAGE 1 & 2**

**KINDY- YEAR 2**

Have you ever received a gift/ present? What is it you say to someone who gives you a gift? (Thank you!). Likewise, we need to thank Allah SWT for all the things He gave us. We can thank Allah SWT with the action of Salah/praying. **Salah is the second Pillar of Islam for Muslims.** Salah is also how we ask Allah SWT for help and guidance.

How do you feel when someone says thank you? (*Good? Happy?*). Allah SWT also loves it when we are thankful and appreciate the many things He has given us - and when we do, He gives us more blessings and hasanat/reward!

What about when you really, really love someone (like a parent, friend, or favourite teacher...) Would you love to **speak** to them every day and as often as you can? (*Yes!*) **Well, no one is more important to talk to than our Creator who made us, loves us, protects us, provides for us and keeps us safe and healthy every day!** We connect to Allah SWT through our Salah/prayer and become closer to Him because Allah SWT loves when we remember Him.

Prayer has a set of actions and must be prayed correctly, just the way Prophet Muhammad SAW taught us. Important things to do before Salah are:



**Did you know:** We are called to Salah with the **Adhan** (you may have heard this on someone's phone or the radio!) and the Adhan is called before every prayer. There are five "**Fard**"/compulsory prayers, every day.

**These five prayers are:**

1. **Fajr** – early morning prayer before sunrise (it helps us start our day by remembering Allah SWT)
2. **Dhur** – midday prayer (so we don't forget Allah SWT even during our busiest times!)
3. **Asr** – afternoon when you get home from school
4. **Maghreb** – when the sun sets and
5. **Isha** – evening as you end your day you remember and thank Allah SWT.

ⓘ **\*\*\*EXTENTION for YEAR 2 (KINDY & YEAR 1 please GO to SONG ACTIVITY / LESSONS LEARNNT).**

Who knows the names of prayers and the number of Rakat/units (set of actions) for each?

Name of Prayer	Fajr	Dhur	Asr	Maghreb	Isha
Number of Rakat	2	4	4	3	4

What is the total number of Rakat per day??? **17**

**How long do you think it takes in a 24-hour day to pray?** It usually just takes about 5 or so minutes to pray, so probably about half an hour or so of your day to pray all five! So many hasanat to collect for

only half an hour every day! Subhan Allah, the short break we take to pray and connect with Allah SWT though helps our brain, bodies and souls to recharge and refocus on Allah SWT. Imagine how much stronger and recharged we could feel if we did our prayers slowly and carefully and really tried connecting with Allah SWT. Allah SWT says, “**remember me and I will remember you**” (Quran 2:152). So, if we want Allah SWT’s help, we need to pray and we will be winners and gridders inshaa’Allah!

**OPTIONAL Song Activity – Learn the Salah Song!**

*5 Salah, 5 salah what are they...? (wiggle five fingers)*

**FAJR** is the first one to start my day! (wiggle thumb and do thumbs up)

*5 Salah, 5 salah what are they...?*

**DHUR**, in the middle of my day! (wiggle 2 fingers)

*5 salah, 5 salah what are they...?*

**ASR**, now I’m more than halfway through the day! (wiggle 3 fingers and do a half-half gesture)

*5 salah 5 salah what are they...?*

**MAGHREB**, now the sun has gone away! (wiggle 4 fingers, then put them down when you say ‘sun has gone away’)

*5 salah 5 salah what are they...?*

**ISHAA**, now I am done for the day! (make sleeping gesture with hands)



**LESSONS LEARNT**

- We can connect directly with Allah SWT through our prayer. How blessed Muslims are to have this direct relationship with Allah SWT. We can keep this connection strong by praying Salah on time, every day, carefully and on time.
- What can help us become more focussed on Salah? (*Start a Salah chart, pray slowly and as soon as you hear the Adhan, find a Salah Buddy, understand the words you are saying during Salah...*).
- Do you know Surah Al- Fatiha? If not, try ask a friend or family member to teach you, because we need to know this Surah to pray. Also, if you don’t know how to pray, perhaps you could ask an elder sibling or adult in your family to show you how to perform wudu and Salah!

**STAGES 2 & 3**

**YEARS 3 – 6**

The first Pillar of Islam is to believe with all our heart in Allah SWT and His Messenger Muhammad SAW – this is our Shahadah! Now, the **second Pillar** needs you to declare your belief and love with actions? Can anyone guess what the second Pillar is? **Salah, which is praying 5 times a day.**



Salah means to connect and when we pray, we are connecting with Allah SWT directly; showing Him our love and thanks for everything He has given us **and** continues to give us. **Salah is for our benefit!** We **need** Allah SWT for protection, love, help, mercy, guidance... We need Him for every single thing!

Prophet Muhammad SAW was given the special gift of Salah as a command from Allah SWT, after a difficult time in his life - an extraordinary miracle known as **Isra’wal Mi-raj**, or the Night Journey.

**\*\*\*TEACHERS NOTE:** *You can use the worksheet or whiteboard to help illustrate the story below.*



Have you ever looked up at the night sky and wondered what it is like to travel through space past the clouds and stars? One special night in Makkah, Prophet Muhammad SAW was awoken by Angel Jibril AS who asked him to sit on an amazing animal named Buraq; a beautiful horse, pure white with enormous wings that could fly through the sky faster than lightning! Together they journeyed to Masjid Al-Aqsa (a mosque) in Palestine in super-fast speed. There Prophet Muhammad SAW was requested to lead prayer for ALL the past Prophets of Allah SWT! What an honour for our beloved Prophet Muhammad SAW!

Prophet Muhammed SAW then mounted Buraq again and with Jibril AS journeyed up to the seven heavenly skies. Jibril AS asks permission to enter from the first sky gate keeper and there they met Prophet Adam AS! Then they travelled to the 2<sup>nd</sup> sky and met Prophet Yahyah AS and Issa AS, they continued to the 3<sup>rd</sup> sky and met Prophet Yusuf AS! On the 4<sup>th</sup> level, Prophet Muhammad SAW met Prophet Idris AS, on the 5<sup>th</sup> level, Prophet Harun AS and on the 6<sup>th</sup> level, he met with Prophet Musa AS. When Prophet Muhammad SAW reached the 7<sup>th</sup> heaven, he met Prophet Ibrahim AS. On this level is the Bayt-ul Ma'mur or the heavenly Kaabah which is a replication and directly located above the Kaabah on earth! SubhanAllah what a journey so far...but the best part was yet to come!

Jibril AS then took Prophet Muhammad SAW to the next stop and approached a gigantic, spectacular tree named Sidrat al-Muntaha, a lote tree, which no creation had passed beyond. Prophet Muhammad SAW described the brilliant tree which had golden butterflies, fruits the size of huge jars and leaves as big as elephant ears... SubhanAllah what a wonderous sight!

Next, Muhammad SAW was told to step forward and stand in the presence of Allah SWT who then spoke to him from behind a veil/cover of light and the gift of Salah, the 2nd Pillar of Islam was given!

Initially, Allah SWT gave the order to pray 50 times a day, but on way back through heavenly skies, Musa AS asked Prophet Muhammad SAW about what had occurred. When Musa AS heard the Prophet SAW had been told to do 50 prayers, he advised Prophet Muhammad SAW to request Allah SWT to make it less because it would be too hard for people to do 50 prayers daily. So, Prophet Muhammad SAW went back and forth until finally Allah SWT made it just 5 prayers, and out of His Mercy, Allah SWT said these 5 prayers would be equal to the 50 prayers! Allahu Akbar and Alhamdulillah!

Allah SWT refers to this tremendous and miraculous event in In the Quran in Surah/chapter 17 Al-Isra (and other chapters a).



So, now we have just **5 obligatory/Fard prayers**, even though there are lots of additional, voluntary prayers you can do to get closer to Allah SWT! Our **compulsory/Fard** prayers are done at different times throughout our day and only take about 5 or so minutes each. Altogether, it's around half hour or so of our day, which is not too much time to spend showing gratitude to Allah SWT! Subhan Allah, but even these short breaks we take throughout the day to pray and connect with Allah SWT help our brain, bodies and souls to recharge and refocus. Imagine how much stronger and recharged we could feel if we did our prayers slowly and carefully and really tried connecting with Allah SWT.



**What are the 5 Daily Prayers and what does prayer involve?** (**\*\*\*Teachers can** Write prayer names on the board and number of Rakat).

Salah Name	Description/When to pray it	Number of Rakat
Fajr	Early morning prayer before sunrise (it helps us start our day by remembering Allah SWT)	2
Dhur	Midday prayer (so we don't forget Allah SWT even during our busiest times!)	4
Asr	Afternoon when you get home from school	4
Maghreb	When the sun sets	3
Isha	Evening as you end your day you remember and thank Allah SWT	4

Total number of Rakat = 17.

When we pray, we follow a set of actions taught to us by the Prophet SAW. Each set or unit is called a **Rakaa'** (**Rakat** is the plural). So, if we pray daily, we end up reciting Surat Al-Fatiha and asking to be guided to the **Sirat Al-Mustaqueem** (straight path) at least **17 times**. We repeatedly bow our head/prostate on the ground which repeatedly reminds us of our place and purpose.



Muslims have a special call to prayer named the **Adhan** - where Allah SWT tells us '**Hayya 'ala- Salah'** (hurry to Salah) and '**Hayya 'ala-I-Falah'** (hurry to **success**). This means the way to succeed in this life and the hereafter is to hurry to **Salah!**

When we pray, we need to face the **Qiblah** - this is the direction of the **Kaabah** in Makkah. All Muslims around the world prayer in this direction.

Correct **Wudu** is the key to Salah. Wudu is your light on the Day of Judgement so don't rush it - perform it correctly.



### LESSONS LEARNT

- Salah is a special gift that Allah SWT gave us so we can speak to Him directly every day. Salah is our safe spot where we get help, protection, guidance, love and the mercy of Allah SWT. When we don't appreciate this gift, we will miss out on all these special benefits including Jannah! So **never find excuses to miss salah. Beware, if we lose our Salah connection with Allah SWT, we are in danger of losing Islam!** Salah makes up our Muslim identity!
- Some tips for Salah include slowing down and concentrating on speaking to Allah SWT (by reciting Quran), wearing good presentable clothes and putting in that effort to look presentable for your meeting with Allah SWT. Looking for a prayer buddy to join you (family member), Praying away from distractions create a salah spot! And finally - hurry to prayer as the best deed/action you can do is praying on time!

#### **Extra Tips of encouraging praying 5 daily prayers on time, every single day:**

- |  |   |
|--|---|
| ➤ Refer ISRE salah chart   | ➤ Make a habit to pray as soon as you hear the Adhan        |
| ➤ Find a Salah Buddy   | ➤ Create your own special salah zone away from distractions |
| ➤ If you don't know how to pray- ask an adult to teach you the Salah steps and wudu. Stand with a friend or family member in prayer and copy their actions or use a Salah guide mat. |   |

## LESSON 5: Zakat (Pillar 3)

KINDY	<ul style="list-style-type: none"> <li>Students learn the third Pillar of Islam is paying Zakat, a charity to help the needy.</li> </ul>
Yr 1 - 2	<ul style="list-style-type: none"> <li>Students learn some details about Zakat and the benefits of this Pillar.</li> </ul>
Yr 3 - 4	<ul style="list-style-type: none"> <li>Students extend understanding of importance of this Pillars for themselves and others.</li> <li>Students can identify the first 3 Pillars of Islam and why they are important.</li> </ul>
Yr 5 - 6	<ul style="list-style-type: none"> <li>Students explore the benefits of enacting the Pillar of Zakat.</li> <li>Students can identify at least some of the first 3 Pillars of Islam with their Arabic terms.</li> </ul>

### EARLY STAGE 1 - STAGE 2

### KINDY – YEAR 2

So, we've just learnt about the first two Pillars of Islam - Shahadah and Salah. Allah made Zakat, or charity, the third Pillar of Islam!



**So, what is Zakat?** Zakat means Muslims must give a part of our money away to people who are poor or who need help. You might be thinking, why would we give our things away to others? Let's try to have a think about why this might be so...

*Think back to a time when you had a tricky problem and you needed some help... Try to imagine how it would feel if you were stuck with a really, big problem, and you really needed someone to help... How would you feel? ... Now, imagine how it might feel if a person's really big problem was being very hungry and no matter where they looked, they couldn't find any food and they had no money to buy some... how would that person feel? And how would they feel if they knew there were people nearby who actually had money and food, but that they just didn't want to share? Yes, that person might feel very sad and angry... Now, imagine... if YOU could help that person... if you gave them some yummy food and water... How would the person feel now? How would you feel to have helped? Yes, both would likely feel very happy!*

This activity also helps us to understand that in Islam, everyone should be looked after. Allah SWT is the Most Kind and Caring (**Ar - Rahman**) and the Always - Fair (**Al Adl**) and He wants us to be kind and fair too. Allah SWT said, "**Spend (in charity) and I will spend on you!**" (Sahih Al-Bukhari) and tells us that giving Zakat helps make us and our money better. Zakat teaches us to be thankful for what we have and teaches us how good it feels to help others. Zakat helps make the world a more fair and happier place. The Zakat Muslims must share is only a small part of our extra saved up money – but it can make a huge difference to help others!

### **Voluntary Charity – Sadaqah**

Just like there are extra prayers Muslim can do, there is also extra charity we can give, called **Sadaqah**. In Islam, charity or Sadaqah is not just giving money! Charity can also be giving a kind action or word! So as young Muslims, you don't have to worry that you do not have money to give for Zakat – we can do Sadaqah right now and get lots and lots of hasant just by smiling at someone, saying something nice thing to a friend, helping a family member, or even caring for an animal!

**What is a kind, generous act or Sadaqah you can practice today?** (Perhaps you can help a classmate with a problem? Ask a parent to give some of your pocket money to charity? Donate some clothes or

*toys to a family in need? Help a friend at recess or lunch? Give a gift to your neighbour? Help a sibling with chores? Etc...).*

### Story of Caliph (Leader) Umar bin Abdul Aziz.



Caliph Umar bin Abdul Aziz was a great Muslim leader who lived a long time ago. He was very kind and caring towards the people he was always fair. He used to give away almost everything he had in charity. Umar bin Abdul Aziz followed Islam carefully and so more and more people loved Umar and kept becoming Muslim! Once, Umar bin Abdul Aziz sent his minister to collect Zakat and to give it to out to those who needed it. But everywhere the minister looked he couldn't find anyone who was poor for Zakat because Umar bin Abdul Aziz, by following Islam, had actually made all the Muslim people rich during his time!



### LESSONS LEARNT:

- This third Pillar of Islam shows us Islam is a **caring** and fair **religion**. Zakat makes us thankful and thoughtful with our money and protects us from being greedy. Following the Pillars of Islam helps us all to live happily, (like in the story!) and Zakat and Sadaqah teach us that we are **all valued** parts of the community and that everyone can **all play a part** in making this world a better place!

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### STAGE 2 & STAGE 3

### YEAR 3 – 6

So, we've just learnt about the first two Pillars of Islam - Shahadah and Salah. The third Pillar of Islam is Zakat, a compulsory giving of money or charity. Allah SWT often mentions Zakat and Salah in the Quran together, (28 times in fact!). Allah SWT says: **“And be steadfast in Prayer and give Zakat...”** (Quran 2:43). So, Allah frequently mentioning Prayer and Zakat like this together shows us how important both these actions are for Muslims to be successful.

### **So, what is Zakat?**



Zakat is a type of payment that Muslims must pay if they have above a certain amount (called Nisab) of extra saved-up money/wealth for the whole year. From that extra saved up amount we calculate our Zakat to help people who are poor or in need. Do you know how much of that extra saved up wealth we give as Zakat? Only a tiny bit - just 2.5%! So, if you had an extra \$100 saved up, 2.5% for Zakat would be **only \$2.50!**

### **So, who can receive Zakat?**

1. The poor (al-fuqara').
2. The needy (al-masakeen), meaning someone who is in difficulty.
3. Those who work or volunteer to give out Zakat (so they can keep doing that work).
4. New Muslims and friends of the Muslim community.
5. To help free people from slavery.
6. People who need help paying off money they owe others.
7. To people who are striving to do something to help Islam.
8. To people who are stuck away from home or traveling.

### **The Benefits:**

Some people might think Zakat makes them lose money, but there are actually so many wins gained by giving Zakat. Allah SWT says, “... **establish Zakat... Whatever good you put forward for yourselves, you will find its reward with Allah. That will be far better and much greater in reward**” (Quran 73:20) and Allah SWT told us, “**Spend (in charity) and I will spend on you!**” (Sahih Al-Bukhari).

So, this means by completing this Pillar we are in fact the ones benefiting and doing much good for ourselves and that we are actually receiving so much more from Allah SWT than what we give! In fact, the Arabic root meaning of the word *Zakat* means things like ‘to grow (a plant)’, ‘to clean,’ ‘to increase,’ ‘to make better,’ ‘blessings’ and ‘to praise.’ So, giving Zakat actually helps to ‘clean and protect’, ‘increase’ and **better** our wealth, Subhan Allah!

Zakat has many other benefits too. When we give Zakat, we learn to be humble, to be grateful for what Allah SWT gave us, to be kind and to think about and care for others. It helps us connect with our community and helps us create a more fair and happier world. Zakat forces us to understand that everyone has a right to be looked after and teaches us how good it feels to help someone. And even though Zakat might only be a small bit of our savings, if everyone who was able gave this small amount, it could make a huge difference in people’s lives. Zakat can, and *has*, helped to lessen poverty in the world!

### Story of Caliph (Leader) Umar bin Abdul Aziz.



Caliph Umar bin Abdul Aziz was one of the greatest Muslim leaders in history. And though he was the ruler and could have had whatever he wanted, he avoided all luxury and gave away almost everything he had in charity, and only spent on himself the bare minimum. He was very kind and caring and fair towards the people he ruled over. He followed Islam correctly and the laws he put in place made life good for people - so more and more people (all the way from the borders of France to Egypt and China) loved him and were inspired by him and kept becoming Muslim! One day, Caliph Umar sent his minister out to collect and give out the Zakat, but no matter how hard the minister looked, he couldn’t find anyone who was poor enough for Zakat because Umar bin Abdul Aziz had actually made all the people rich! Subhan Allah, Umar bin Abdul Aziz was a great leader because he was always mindful of Allah SWT and of his responsibly to care for others... Once Umar’s wife had found him crying after prayer and asked him what was wrong. He said: *“I have been made the ruler over the Muslims and I was thinking of the poor who are starving, and the sick who are needy, and those who don’t have clothes who are in distress, and the oppressed that are suffering, the stranger that is in prison, the vulnerable elder, and those with a large family but not much money, and the like of them in countries around the earth and the distant lands, and I felt that my Lord would ask me about them on the Day of Judgement... and so I wept.”*

Subhan Allah, this is how the Pillars of Islam transform us – they change our hearts and minds, our thoughts and actions and help motivate us to change the world into a better place for everyone! Umar bin Abdul Aziz had ruled for just over 2 years, but in this time, by following Islam, had helped transform the Muslim world so that there were barely any poor people!

### **Voluntary Charity – Sadaqah**

Zakat is the minimum charity a Muslim must do every year. But just like there are extra optional prayers we can do, there is also extra charity we can give, called **Sadaqah**. In Islam, charity or Sadaqah

is not just giving away money, wealth or property. Charity can also be kind actions and words! So, if we don't have money to give, for example, we can still do Sadaqah and gain lots of hasanat simply by smiling at someone, saying a kind thing, planting a tree or caring for an animal!

Sadaqah, like Zakat, has so many benefits for us and for others. Allah SWT says: ***“The example of those who spend their wealth in the way of Allah is like a seed of grain that grows seven sprouts, in each sprout is 100 (more) grains. And Allah multiplies (His Reward) for whoever He wills...”*** (Quran 2:261).

So, Allah SWT tells us the rewards from giving charity keep growing and growing and sprouting more benefits and that the rewards can keep multiplying and multiplying! Subhan Allah, can you imagine the ripple effect of even one Sadaqah?! We can even gain **ENDLESS** rewards when we do a Sadaqah with continuous benefit (e.g.- sharing useful knowledge at scripture!). This is called **Sadaqah Jariyah!** Sadaqah can even be a means of protection from harm and a cure for illness. The Prophet SAW said: ***“Treat your sick by giving Sadaqah”*** (Saheeh al-Jamia 3358) and ***“Save/ protect yourself... by giving a piece (or half) of a date in charity!”*** (Bukhari & Muslim). So, Islam encourages us to do give even the smallest bit to help ourselves and others! Subhan Allah, this is why Muslims all over the world are often the most giving people you will ever meet!

ⓘ **\*\*\*EXTENSION POINTS YEARS 5 - 6 (YEARS 3 – 4, go to LESSONS LEARNT).**

**Zakat al Fitr** is another type of Zakat that we should give that helps us perfect our fasting. It is given each year by the end of Ramadan, so that the Zakat can help others to have a happy Eid also. SubhanAllah, Allah SWT is the Most Loving and helps us to look after each other too!

If there are times when we feel hesitant to give away Zakat or Sadaqah, we should remind ourselves:

- that Allah SWT said, ***“And whatever you spend...He (Allah) will replace it...”*** (Quran 34:39). The Prophet SAW further explained: ***“Charity does NOT, in any way, decrease wealth”*** (Sahih Muslim).
- that the Prophet SAW said that we should rush to ***“give charity without delay, as it stands in the way of catastrophes/ disasters.”*** (Al Tirmidhi).
- that the blessings we have are actually all from Allah SWT – remember He is **Al-Barr, The Source of all Goodness** - He gave us the skills, talents, mind, job or money and He is the real Owner of everything in this world - so we should share what Allah SWT gave us with those whom He told us to. Allah SWT said, ***“...in (their) wealth ... is a right for the poor, the beggar and those who are deprived.”*** (Quran 51:19). This means, in Islam, everyone has a right to be cared for! We should never be too proud or boastful of what we have. We too might need help from others one day!
- that ***“the most loved people to Allah are those who bring most benefit to people... and the most loved deeds... (are) making a Muslim happy, or getting rid of their hardship, or getting rid of money they owe (debt) or keeping hunger away from them.”*** (Sahih Al-Albani) and so helping and being of benefit to others is one of the absolute best things we can ever do!
- to put ourselves in other people's shoes and that Allah SWT cares for those are struggling or poor. Allah SWT said, ***“...O son of Adam, I asked you for food and you fed Me not. He will say: O Lord, and how should I feed You when You are the Lord of the worlds? He will say: Did you not know that My servant So-and-so asked you for food and you fed him not? Did you not know that had you fed him you would surely have found that (the reward for doing so) with Me? O son of Adam, I asked you to give Me to drink and you gave Me not to drink. He will say: O Lord, how should I give You to drink***

*when You are the Lord of the worlds? He will say: My servant So-and-so asked you to give him to drink and you gave him not to drink. Had you given him to drink you would have surely found that with Me.” (Sahih Muslim, Hadith Qudsi)*

### **OPTIONAL HOMEWORK - CHARITY CHALLENGE:**

***We can become more aware of some of what people who experience poverty go through by undertaking the following Challenge!***

There are many Muslim charities in Australia and around the world Alhamdulillah! Many use Zakat donations to provide things such as water or food to those who may not have had a meal in days, emergency medical supplies in places where there are no hospitals, educational support to children who want to learn, but can't afford to go to school, or help for families who are homeless...

Your Challenge is to (preferably with the support of an adult):

1. Research some of these Muslim charities and the explore the sort of help they provide
2. Choose a charity you would like to support
3. Make a plan for donating some money for your chosen charity. *(Can you put aside some pocket money or Eid money? Can you put 5c in a money box each week? Can you ask family and friends to pitch in with you to increase your donation? How about earning some money by doing chores and putting some aside for donating? When could you donate? Today and in Ramadan?)*
4. Make sure you donate to your chosen charity project before Eid al-Fitr!
5. Reflect on how your charity might have helped someone - be prepared to share about this after Eid al-Fitr in Term 2!).



### **LESSONS LEARNT:**

- **How blessed we are to belong to such a beautiful caring religion like Islam.** Our *Deen* is all about **caring** and this Pillar helps makes us better people and creates balance in the world. Zakat makes everyone feel valued and Sadaqah helps us all to give back to our community. Our kindness and generosity leads to lots of ripple effects which have the power to change the world!
- When we give Sadaqah and Zakat, **we never lose anything, instead we gain so much.** And the benefits of Zakat and Sadaqah are mostly for our own selves!!! When you help someone in difficulty, Allah SWT helps make *your* troubles easier or go away. *You* get Allah SWT's Mercy (Quran 7:156) and help (Quran 22:40 – 41)! When you give, just for Allah SWT, without expecting anything in return, and without boasting or reminding those you helped of your generosity, Allah SWT promises *you* that won't need to feel sadness or afraid because He will provide you with the best and ultimate reward (Quran 2:262).

## LESSON 6 – Sawm Ramadan (Fasting Ramadan, Pillar 4)

**\*\*\*ALL TEACHERS: RAMADAN IS EXPECTED TO START SHORTLY/ IN EARLY APRIL!**



Kindy	<ul style="list-style-type: none"> <li>• Students learn the fourth Pillar of Islam is fasting the month of Ramadan.</li> <li>• Students are introduced to who fasts, when we fast and how we fast.</li> <li>• Students learn the purpose and some benefits of fasting.</li> </ul>
Yrs 1-2	<ul style="list-style-type: none"> <li>• Students extend understanding of the purpose and some of the benefits of fasting Ramadan.</li> <li>• Students learn some of the good deeds to be doing during Ramadan, particularly the reciting of Quran.</li> </ul>
Yrs 3-4	<ul style="list-style-type: none"> <li>• Students extend understanding of good deeds to be practising in Ramadan and actions to avoid.</li> </ul>
Yrs 5-6	<ul style="list-style-type: none"> <li>• Students learn about some of the impacts of Ramadan around the world.</li> </ul>

### EARLY STAGE 1 & STAGE 1

### KINDY – YEAR 2

Ramadan is the most important month of every year for Muslims. It is so important because fasting Ramadan it is one of the 5 Pillars of Islam. Do you remember which one? (*\*\*\*Allow some students to remember or guess*). **The FOURTH Pillar of Islam!** Ramadan will actually be starting soon, and it is important for Muslims to prepare for it before it starts!

**Why fasting Ramadan is important?** Allah SWT asked us to do this Pillar because fasting Ramadan helps us gain a special love and awareness of Allah SWT in our hearts. It helps us spend a whole month learning how to remember Allah SWT in all that we do. Allah SWT opens the gates of Jannah in Ramadan, so it is an opportunity for us to gain heaps and heaps of rewards and wipe away all our bad deeds from the previous year. This Pillar of Islam is also amazing because it helps us learn how to be humble, to be extremely patient and how to have enormous self-control of our minds and bodies, which are very important life skills we need to have, and which only develops with practice over time.

**How do we fast the month of Ramadan?** Muslims fast by not eating or drinking from Fajr, (just before sunrise) until Maghreb (sunset time). Every Muslim who is old enough and healthy enough should fast during Ramadan. *How many of you have tried fasting before? If you haven't fasted before, perhaps you can ask your family members if you are able to start practising this year? Could you fast a half a day or on the weekend? Remember if you do fast, it is for pleasing Allah SWT and meeting this Pillar of Islam.* However, because you are very young – you do not have to fast yet. But you can still practice doing lots of good actions as Ramadan is a month full of rewards for everyone, young and old!

### **What to Do - Good actions while fasting Ramadan?**

- Recite lots of **Quran** and learn its meaning – don't worry if you struggle to read it - you get double the reward for trying!
- Pray all our compulsory and do extra **prayers** - like the evening **Taraweeh** prayer. Pray together for extra rewards!
- **Do acts of charity** (remember we learnt about this last week!) Charity can be giving some money away or doing as many good and kind actions as we possibly can, e.g. helping family with Iftoor, moving some rubbish, being friendly at school, listening to our teacher, saying Salams to a relative, being kind to a neighbour, cleaning our hands and bodies etc!)
- **Do Dhikr** – using **words that show we are remembering Allah SWT** (like some we have learnt this year... “Subhan’ Allah, Alhamdulillah, Bismillah, La illaha illallah...”).

- **Make Dua** - ask Allah SWT for help or whatever you want (try to start your Dua with some of Allah SWT's Names that you have learnt this year!).

### What NOT to do when Fasting the Month of Ramadan?

- Remember this is the month of fasting – **not feasting!** We can't overindulge in too much food at Iftar because it will make us too lazy to do those extra acts of rewards like praying Taraweeh!
- **Avoid all bad words and fights.** Fasting Ramadan is about increasing our remembrance of Allah SWT in everything we do to help improve our behaviour, our patience and self-control. So, the Prophet SAW taught us that if someone does try to fight with us in Ramadan, we should just say "I'm fasting!" and avoid the fight!

**OPTIONAL ACTIVITY: Ramadan Calendar.** Draw up a Ramadan tile calendar, where each tile is split in half diagonally. Each tile represents a day of Ramadan. Students can do the Ramadan practice and colour in half or all of the tile for that day as they fast the half or full day during Ramadan. Alternatively, students can make a Calendar to countdown the days until Ramadan!

## STAGES 2 & 3

## YEARS 3 – 6

Fasting (Sawm) Ramadan is the 4<sup>th</sup> Pillar of Islam. Ramadan is the most important month of the year for us. It is the ninth month of the Islamic calendar and moves few days earlier each year.

**What does Ramadan mean to you?** Is it about feasts at Iftar? Everyone thinks about Iftar mostly when they consider fasting Ramadan; all the burgers, chips, sweets, and chicken that they can eat! But remember, this is not the purpose of Ramadan. Instead, there are multiple rewards and blessings up for grabs, so we need to be smarter! Allah SWT makes us stop physically feeding our bodies, so we concentrate on feeding our hearts, minds and souls instead. And our food source in Ramadan is **the Dhikr/remembrance** of Allah SWT! It's time to reprogram ourselves because we could lose out on the infinite rewards! And we fast Ramadan together as one big worldwide community/ Ummah!

### Why do Muslims Fast during Ramadan? What is so special about this Pillar of Islam?



Ramadan is the month of fasting and worshipping Allah SWT. We use the month to reconnect with Allah SWT. He SWT tells us in the Qur'an, "**O you who believe, fasting has been prescribed for you... in order that you may attain taqwa**" (Chapter 2, Verse 183).

So, this is a command from Allah. It is obligatory upon every adult Muslim, male or female, who has reached maturity, or who is not sick or traveling, **so that we can get "Taqwa."**

**So, what is Taqwa?** Being more aware and mindful of Allah SWT in our speech and actions and knowing that Allah SWT is always watching you! Fasting Ramadan trains us to have this Taqwa, to always remember Allah SWT and so that we to develop the self-control to always be thinking of Allah SWT first; so we control ourselves to always please Allah SWT.

Many people think that fasting the month of Ramadan is to understand the struggles that the less fortunate go through - and while fasting Ramadan does teach us gratitude and how to be humble and to think of others, Ramadan is a lot more than even those great things. Fulfilling this fourth Pillar gives

us a whole month of spiritual growth. The Prophet SAW said: “... **from one Ramadan to the next are expiation (wiping away) for (sins committed) in between, so long as you avoid major sin.**” (Muslim). So, fasting Ramadan gives us a new beginning, it wipes away the bad deeds committed since the previous Ramadan (as long as they are not major sins). Ramadan gives us a chance to break old bad habits that impact our connection with Allah SWT. It gives us a month to practice more positive new habits that help us become better Muslims and people. Fasting is for Allah SWT alone and is a special act of devotion for which there is a unique reward for this unique act. Allah SWT says:

***“All the actions of the children of Adam are for them except for fasting it is for me, and I alone will reward for it.”*** (Hadith Qudsi).

This means Allah SWT has left the reward of fasting a secret with Him and even the angels aren't told how huge the reward is! We do know the reward of fasting is so huge that there is a gate in Paradise/Jannah, called **Al-Rayyan**, especially reserved and dedicated only for those who fast!

Allah's Messenger SAW also said, “**When Ramadan begins, the gates of Paradise are opened.**” (Bukhari). So, Ramadan is the time to work hard on doing lots of good deeds to take opportunity of these big rewards on offer.

### **What should we DO when Fasting Ramadan?**

A man asked the Prophet SAW, “*What kind of deeds are the **BEST** in the sight of Allah SWT?*” Prophet Muhammad SAW replied, “**to pray on time.**” (Sahih al Bukhari, 2782). This is the first thing we need to **get right before Ramadan** comes - our Salah! If you don't know how to pray, ask an adult to teach you. Start today. If you do pray, are you doing all 5 Salat? How is your Fajr? Again, waking up for Fajr will train you for Ramadan to wake up at Suhoor/ pre-dawn mealtime. Try to practice not skipping any Salah for one whole day, then for another and another...

We know our **compulsory Pillars come first to getting us close to Allah SWT** (remember that Hadith Qudsi we introduced you to in Week 1?!) and so many people use Ramadan as a way to perfect their prayers and pay their Zakat. But the extra rewards on offer in Ramadan make it one of the best times to also practice additional good deeds. The rest of the Hadith Qudsi (in Bukhari) teaches us these extra good deeds help us get even closer to Allah SWT.

**“My servant does not come closer to Me with anything more beloved to Me than that which I have made compulsory... and My servant continues to come closer to Me by doing naafil (extra) deeds until I love him/her, and if I love him/her I will be the hearing with which they hear, the vision with which they see, the hand with which they use and the foot with which they walk. If they were to ask of Me, I would surely give them, if they were to seek help with Me, I would surely grant help...”**

This means by doing extra good deeds, Allah SWT loves us so much that He is with us and guides us in all that we do, that we are always thinking of Him and guided by Him in all our actions. So, this Ramadan, let's not let it pass by with us just doing the minimum - let's do push ourselves to do, not only the compulsory actions, but also as many extra good deeds as we can to get closer to Allah SWT!

### **So, what extra good deeds can we do in Ramadan??**

- In Ramadan there are extra prayers called **Taraweeh**, usually performed together in Jama'ah (congregation) in a Masjid after the Isha prayer. Subhan Allah, Allah SWT allows us to do these amazing acts of worship together so that we can really reconnect together with our community.

- **Ramadan is the month of the Quran** – the month it was revealed to the Prophet Muhammad SAW. Remember the rewards are multiplied in Ramadan! We know that we get 10 rewards/ hasnat for every letter we read, so can you imagine how much more each letter would be worth in Ramadan?
- **Dhikr** – or remembering Allah SWT with beautiful thoughts and words, like some we have learnt... “Subhan’ Allah, Alhamdulillah, La illaha illuLah, or “**Astaghfirallah**” (asking Allah for forgiveness). The remembering of Allah SWT is such a good extra deed, loved so much by Allah SWT that the Prophet SAW said it was better than giving away good and silver! (Al-Albani). Try to repeat “**La hawla wa la quwwata illa Billah; there is no power and no strength except with Allah**” as it has so many rewards. We can say it anytime but especially when there is something difficult to cope with, when we leave the house, after the Adhan and prayer. It reminds us to be humble and understand that Allah SWT has power over everything.
- **Dua** - ask Allah SWT for help for yourself and others or ask for ever you want (try to start your Dua with some of Allah SWT’s Names that you have learnt this year!).
- **What other good deeds can you think of?** (*Charity, helping family cook Iftoor, being kind to a friend, helping a sibling with a chore, sending a gift to a neighbour, listening to your teacher etc!*).

#### What NOT to do when Fasting Ramadan?

- Remember this is the month of fasting – **not feasting!** We can’t have too much food at Iftar because it will make us lazy to do those extra acts of rewards like praying Taraweeh! Remember the Prophet SAW taught us to have a third food, a third water and a third for air in our stomachs!
- **No rude words or fighting:** The Prophet SAW taught us that fasting is our shield and protection – since it helps increase our remembrance of Allah SWT and this helps to improve our behaviour, our patience and self-control. He SAW said:

***“Fasting is a shield – when one of you is fasting, he should neither behave in a rude/ offensive way or foolishly. If someone fights or is rude to him, he should say ‘I am fasting, I am fasting.’”*** (Al-Albani).

So, fasting teaches us that even though we might feel really frustrated or upset, even though we might feel hungry and angry, we need to stay in control, be mindful Allah SWT and what He loves and practice our patience. It protects us from bad behaviour!



#### LESSONS LEARNT:

- Fasting Ramadan is a very special Pillar of Islam with countless blessings - it helps us connect with Allah SWT, the Quran and our prayer, with ourselves, our families and our community on a global scale. It helps us aim for a high place in Jannah and the chance to enter through the gate of Rayyan!
- **The increase in Taqwa is the key benefit of this Pillar** – because of Allah SWT’s mercy/ Rahmah during this month, we feel a huge amount of Iman (faith) and we feel supercharged to do good things! Ramadan makes us better people and the whole of the world benefits!
- **Fasting Ramadan teaches us that we have the ability to control our mind and bodies and** do so for a whole month – even from our basic needs like food and water. It teaches us that we **can be extremely powerful and achieve so much if we put our mind to it.** It shows us **we can** control ourselves, even when we feel weak from hunger or when someone is trying to fight with us – so Ramadan trains us every year that **we are capable** of so much. And all the new good habits we learn each year in Ramadan build us up to be even better people each year. And with so many other Muslims developing this Taqwa, and amazing habits and the super skills and willpower we get from fasting – we can, if we choose, change the world into a better place.

ⓘ **\*\*\*OPTIONAL EXTENSION YEARS 5 - 6: EXTRA TIPS to prepare for Ramadan.**

- **Have the right attitude and state your intention**, e.g. “I am fasting to please Allah SWT” (not for money/ presents/ to show off) because He knows what is good for me and I can do it inshaa’Allah.
- **Learn the fasting Dua.** There is a Dua we say when we break our fast. Ask an adult to help you learn it before Ramadan (or you watch the following link repeatably to learn it Dua after Breaking Fast (Memorization) <https://youtu.be/HRM6RgExWNg> ).

**“ZHABAB- AZ- ZAMUAU’- WABATALLAT-IL-UROOQU-WA THABAT AL AJRU INSHAA ALLAH”**

**“The thirst has gone, and the veins are quenched, and reward confirmed, if Allah wills. (Abu Dawud)**

- **Go to bed early!** One hour before bedtime, **switch off your electronics!** Our bodies are designed in such an amazing way that some organs only work at night while you are sleeping! We need to give our bodies time to **repair** and recharge itself, this process happens while you sleep. When we sleep early, we have more energy. In Ramadan you need plenty of energy! Fasting can be really good for your body when done correctly – it gives our body a break and a restart, but we need to ensure we are still fuelling our bodies as best as we can with sleep and healthy foods. Do **Istigfar/** repentance before you sleep while assessing your day and brainstorm better ways for tomorrow.
- **Fasting Practice:** You can start practicing for Ramadan from now by fasting Mondays and Thursdays, which are special days the Prophet SAW used to often fast. That will not only get you into the habit of fasting but also allow you to gain many rewards from Allah SWT.
- **Make a plan.** Prepare for Ramadan beforehand to make the best out of this opportunity (the Prophet’s SAW Companions/Friends made Dua and prepared for Ramadan several months before Ramadan even started!). We can make plans or checklists for both **daily goals** for Ramadan and **goals for the overall month.** Set yourself at least ONE GOAL **to improve yourself:** E.g.: THIS RAMADAN I AM GOING TO PERFECT **ONE DEED** (inshaa’Allah!). Then try to think, WHAT deed specifically?? e.g. – *I will improve my manners by practicing to controlling myself when I feel **angry*** Now think, HOW WILL I PRACTICE IT? AND WHEN? Try narrowing down your chosen goal even further with the time you will do so that it is a small, very easy, specific, good deed you can do every day and something that can inshaa’Allah develop into a habit for the rest of your life... e.g. My goal is to get better at reading Quran by reading at **2 new Ayahs, for 2 - 5 minutes, every day after Maghreb** time. Allah SWT loves the small, good deeds done regularly, and you will find that often the small, good deeds eventually turn into bigger good deeds! If you want added motivation, have a think about WHAT ELSE might help you achieve the goal? E.g., **Buddying up** with someone can help you both make this Ramadan the most outstanding one you’ve ever had! **Visual reminders** and **back up plans** can also help. E.g. *To control my anger this Ramadan, I will also put a post-it note on my wall that says **Aowzi billahi minashaytan arajeem** to help me remember to say it 10 times a day, so it will be easy to say if I feel cranky... it would also help if I practice other calm-down strategies that the Prophet SAW taught with my parent before bedtime...*

OK, so let’s make an aim right now, that inshaa’Allah, this Ramadan will be a time of great spiritual effort and personal improvement! Bismillah!

## LESSON 7: Hajj (Pillar 5) and Ramadan Reminders

Kindy	<ul style="list-style-type: none"> <li>• Students are introduced to Hajj, the fifth Pillar of Islam.</li> <li>• Students recall Ramadan as the 4<sup>th</sup> Pillar Muslims and learning this term.</li> </ul>
Yrs 1 & 2	<ul style="list-style-type: none"> <li>• Students deepen understanding about Hajj and some of its benefits.</li> <li>• Students explore goals for Ramadan.</li> </ul>
Yrs 3 & 4	<ul style="list-style-type: none"> <li>• Students reflect of importance of Hajj for Muslims and how it incorporates many acts of worship.</li> <li>• Students develop understanding of who fasts, how and why we fast, and special Ramadan prayers and explore goals for Ramadan.</li> <li>• Students review some learning from this term.</li> </ul>
Yrs 5 & 6	<ul style="list-style-type: none"> <li>• Students reflect on lessons gained by undertaking Hajj and set a goal to one day attend Hajj.</li> <li>• Students understand some of the recommended practices around Ramadan and set some goals to prepare for and practice in Ramadan.</li> <li>• Students reflect on some learning from this term.</li> </ul>

### EARLY STAGE 1 & STAGE 1

### KINDY – YEAR 2

We've covered four pillars of Islam. Who can remember these? Shahadah, Belief in Allah SWT and His Messenger, Salah or the 5 daily prayers, Zakat or charity, Sawm or Fasting Ramadan – we'll be talking more about Ramadan today but first let's learn a bit about the very last Pillar, Hajj! **So, what is Hajj?**

**Hajj is when Muslims visit a city called Makkah and the House of Allah SWT, the Kaabah** during the Islamic month of Dhul Hijjah. *Do you know anyone who has been to Hajj top visit the Kaabah?* The Kaabah is a big building, covered in a black and gold cloth, that was built a long time ago as a place for praying to Allah SWT. Muslims walk around it at Hajj while making lots of Dua.



**OPTIONAL IWB ACITIVITY:** *If you have access to an Interactive whiteboard and internet in the classroom, you can do a quick google search of "hajj kaaba" images and spend a few minutes exploring the images with students and allowing students to share what they know about Hajj.*



Hajj is a very special Pillar because we learn so much on this visit. Hajj lets millions and millions of Muslims, from all around the world, gather together and pray to Allah. Seeing all these people together at Hajj reminds us that, in Islam, all people, no matter where they are from or whether they are rich or poor, are all equal before Allah SWT, and that the only thing that makes us better is how much we love and follow Him. Hajj also teaches us much more – we're not allowed to fight or do bad deeds at Hajj, so it teaches us self-control and patience. We copy some things that Prophet Ibrahim AS and his wife Hajjar did at Hajj, so Hajj teaches us to try to be trusting in Allah SWT, just like they were. There's also a very special day that occurs during Hajj time called the **Day of Arafah**. It's a day where Allah SWT comes down close to our world and accepts the Dua of Muslims, both at home and at Hajj, and gives mercy to them so this day helps us learn how beautiful it feels to be really connected to and close to Allah SWT. And an accepted Hajj wipes away all our bad deeds, so it gives us a fresh start to make lots of positive changes in our life. Alhamdulillah, Hajj is such a wonderful Pillar and is something that every Muslim must do in their life if they are able to.



### \*\*\*RAMADAN REMINDERS!

**Ok, now Ramadan is very close/ or has just started!** Can anyone remember the Pillar we talked about last week? Ramadan! The special month that Muslims fast from sunrise to sunset! Remember, because it is a Pillar of Islam, everyone who is able to do it, should fast. Imagine Ramadan like a candy shop that

is open all the time! There are a lot of hasanat on offer and lots of good deeds you can do! **What are some good things you can do this Ramadan?** Let's make some daily goals like smiling at someone every day, helping your family set the table, being nice to your friends or sibling, praying Taraweeh, listening to Quran, learning a new Ayah or sentence of Quran, paying \$1 a day to a charity etc. Inshaa' Allah, we will all make the most of this great month!



**LESSONS LEARNT:**

- **Allah SWT is the Most Loving - He gives us a special times and places with Hajj and Ramadan to help us focus just on getting closer to Him.** He gives us these opportunities to wipe away bad deeds and to get motivated again to do good. Many Muslims remember the special, beautiful connections they feel in Ramadan and at Hajj, with themselves, with other Muslims and with Allah SWT and it helps motivate them to do good and get those beautiful feelings and connections again.

**OPTIONAL REVISION:**

*What was one new thing you learnt? What is one thing about Allah SWT that you didn't know before? What do you remember about the last and final Messenger? What are the five Pillars of Islam?*

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**STAGES 2 & 3**

**YEARS 3 - 6**

We've covered four pillars of Islam. Who can remember these? Shahadah, Belief in Allah SWT and His Messenger, Salah/prayer, Zakat or charity, Fasting Ramadan - we'll be talking more about Ramadan today but first let's learn a bit about the fifth and very last Pillar of Islam, Hajj! **So, what is Hajj?**

Hajj is the pilgrimage (this means a religious journey) to Makkah and the Kaabah in Saudi Arabia that Muslims must take at least once in their lifetime if they are able to. *Do you know anyone who has been to Hajj top visit the Kaabah?* The Kaabah is a big building in Makkah, now covered in beautiful black and gold cloth, that was built as place for worshipping Allah SWT. Muslims all around the world pray in the direction of the Kaabah. Hajj only occurs during the 12<sup>th</sup> month of the Islamic calendar called Dhul Hijjah (like December in the Gregorian calendar). There are many benefits of Hajj, but the best one is that it gains us Allah's SWT pleasure and wipes away all our bad deeds!



The Prophet SAW said, ***"Whoever performs Hajj for Allah's pleasure...and does not do any bad or sins then he/she will return (after Hajj free from all sins) as if he/she were just born."*** (Bukhari).



Another awesome benefit of Hajj is that it shows us how everyone is equal in Islam. At Hajj, everyone wears the same clothes and looks the same; there's no statuses! It doesn't matter who has money, who is beautiful or popular - everyone looks the same and worships Allah SWT together.



At Hajj, we're not allowed to fight or do bad deeds, so Hajj teaches us self-control, patience and to always be mindful of Allah SWT. Hajj is wonderful because it combines many acts of worship! We go to Hajj to show our belief in One God, Allah SWT, and His Messenger SAW (that's the first pillar of Islam; the Shahadah)! We perform Salah/prayers in the special mosque called Masjid al-Haram (where the Kaabah is)! We offer charity and sacrifice at Hajj. We do lots of Dhikr and Dua and repeatedly chant beautiful words taught to us by the Prophet SAW to help us remember why we are at Hajj and to stay

focussed on Allah SWT... *“Here I am, O Allah! Here I am... Here I am, You have no partner, here I am... Verily, all praise and thanks belong to You, Verily, all blessings belong to You, Verily, all power belongs to You, You have no partner... Labbayka llāhumma labbayk... labbayka lā sharīka laka labbayk.. inna l-ḥamda, wa n-ni’mata, laka wa l-mulk... lā sharīka lak!”*

During Hajj, Muslims perform many other actions and rituals. Does anyone know what **Tawaf** is? Tawaf is walking around the Kaabah 7 times! Another step of Hajj includes running between two small mountains, **Mount Safa** and **Mount Marwa**. Can anyone remember the **story of Hajjar RA**? She was the wife of Prophet Ibrahim AS and the mother of Prophet Ismail AS who built the Kaabah a long time ago. Remember, when she was alone in the desert and ran between Mounts Safa and Marwa looking for help and then Allah SWT sent her Zamzam water? We copy her same steps at Hajj! We also try to copy her trust in Allah and other steps to copy how brave **Prophet Ibrahim and Ismail AS** were and the dedication and love they showed to Allah SWT.

The Prophet SAW told us that the most important part of Hajj though is the **Day of Arafah**. On this day, **ALL** those at Hajj stand together on a special place called **Mount Arafat** and make heartfelt Dua for Allah’s SWT forgiveness and mercy. The Prophet SAW taught us that on this day *‘Allah SWT comes close to those (people standing on Arafah), and then He boasts of them to the Angels and says, ‘What are these people seeking?’ (so that He may give them).* (Muslim).

Prophet Muhammad SAW also said, **“The most excellent Dua is the Dua on the Day of Arafah.”** So, for Muslims who aren’t at Hajj, we can still make lots of Dua too from home on this special Day of Arafah and **we fast this day to have our sins from the last and next year wiped away too!** So, keep an eye out for this day – it is always the **9<sup>th</sup> of Dhul Hijjah, (the day before Eid al-Adha).**

Let’s make Dua that we can all go to Hajj one day too inshaa’Allah and gain all the benefits from completing this last Pillar of Islam!

### ⚠ \*\*\*RAMADAN REMINDERS!

We don’t need to wait for Hajj though to get closer to Allah SWT and seek His blessings! **The blessed month of Ramadan is near/or here already!** Remember the Prophet Muhammad SAW said, **“When Ramadan begins, the gates of Paradise are opened.”** (Bukhari). This means it is our opportunity to better ourselves and gain Allah’s Pleasure.

**What can you start doing today, to make the most of out of this Ramadan?**

### ☑ CHECKLIST FOR RAMADAN

1. **Make sure your five prayers are always on time and good.** If you already do this, move onto optional prayers!
2. Don’t let a day in Ramadan pass without listening to or reading **Quran!** Even if it is just one verse.
3. **Practice Dhikr and thanking Allah SWT**, e.g., *Subhan Allah wa bi hamdi, Alhamdulillah, IstaghfirAllah. La hawla wa la quwwata illa Billah (there is no power or strength without Allah).*
4. **Have the right intention and say Bismillah (in the Name of Allah SWT) before all actions-** this helps us get blessings in our actions.
5. Wake up for **Suhoor** – this is a pre-dawn meal that has many blessings in it and gives us the right start for our day.
6. **Sleep early**, so you can wake up for Suhoor and Fajr and have energy to get through your day!

7. **Practice detoxing from screens and devices this month** – they often distract us from good actions we should be doing and waste our time and health.
8. Spend time learning more about my Prophet Muhammad SAW! Try to do more good deeds doing Sunnah acts. Did you know that it is part of the Sunnah to tell people that you love them? Simple other actions include smiling at others (it's a charity!), removing a harmful thing from a path, using our right hand to eat, eating from in front of us, saying morning and evening Dua and remembrances (Azkhar) that the Prophet SAW said.
9. **PRACTICE the Dua** for breaking the fast every day until you know it.
10. **Help your parents** out by cleaning the house with them so you can all do more acts of worship as a family in a clean house! Help your family set the table for Iftar and clean up afterwards too.
11. Watch or attend Ramadan talks if you need motivation.
12. **Practice your manners** and be kind and helpful whenever you can.
13. **Practice eating healthy and drink water**, wholesome foods like fruit and veggies and reducing junk food. Try dates!
14. Think about the **Charity Challenge** (see Lesson 5!). What charity can you start doing now?
15. Save time and energy by planning your Ramadan. **Do not waste the most important, last ten nights. Make intention that this will be this the best Ramadan yet, better than last year!**



### LESSONS LEARNT:

- **Allah SWT is the Most Loving - He gives us special places and times with Hajj and Ramadan to help us focus just on getting closer to Him.** Often Hajj is the biggest highlight in a Muslims life. It gives us the chance to wipe off EVERY SINGLE bad deed - to have a clean start and another chance to make our lives better. What a huge reward! Many Muslims remember these beautiful connections they felt at Hajj and during Ramadan, with themselves, with other Muslims and with Allah SWT, and it motivates them to be better people.
- **Hajj teaches us life lessons:** Hajj is not only a journey that helps us experience the history of Islam, relive the stories of past Prophets and walk in the footsteps our beloved Prophet Muhammad SAW – it is also a journey that unites all Muslims. It was at Hajj that the Prophet SAW taught Muslims that all people from all backgrounds are all equal and when we follow in the footsteps of Hajjar RA and Prophet Ibrahim AS, it reminds us that that both males and females are valued by Allah SWT. Allah SWT honours women and makes every Muslim copy a woman to complete one of Islam's Pillars. Hajjar and Ibrahim AS taught us that all that matters is striving for Allah SWT; that both males and females, need to strive hard in this life for Allah SWT and His Jannah.

### OPTIONAL Revision:

*Which lesson stood out to you this term? What was one new thing you learnt?*

*What do you remember about the last and final Messenger? What are the five Pillars of Islam?*

*What is one thing you want to do to help become a better Muslim and gain Allah SWT's love?*

!!! Please remember to wish students a lovely and safe holiday break and a Blessed Ramadan!

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***Ramadan Mubarak Dear Teacher! Jazakum Allahu Khayrun for all your dedication and hard work. May Allah SWT accept your deeds as a Sadaqah Jariyah and grant you endless rewards. Ameen!***