



TERM 3: K - 6 Syllabus 2022

The Promises of Allah SWT

- Lesson 1**- Introduction to Allah SWT's Promises
- Lesson 2** - Allah SWT Promises a Great Reward
- Lesson 3** - Allah SWT Promises Forgiveness
- Lesson 4** - Allah SWT Promises Ease with Hardship
- Lesson 5** - Allah SWT Promises to Respond to You
- Lesson 6** - Allah SWT Promises to Remember You
- Lesson 7**- Allah SWT Promises You blessings
- Lesson 8** - Allah SWT Promises Help
- Lesson 9** - Our Promises to Allah SWT
- Lesson 10** - Revision

Important Teacher Notes:

- Please **ABIDE** by the syllabus
- It is **VERY** important to inform your school and supervisor if you are unable to attend your Scripture Class.
- For any inquiries or questions please contact your supervisor or the ISRE office.
- Only use the approved links provided for each lesson.
- The ISRE program is non-sectarian and is provided to all Muslims students, regardless of their sectarian groupings. The aim of ISRE is to teach students to love, learn and live Islam.
- We welcome feedback or suggestions on how to improve the syllabus. Please email syllabus.isre@gmail.com

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Supplementary Term Links: <https://www.isre.org.au/2022-term-3-the-promises-of-allah-swt/>

LESSON 1: The Promises of Allah SWT

KINDY	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it is related to. • Students learn that Allah SWT makes us promises in the Quran.
Yr 1 & 2	<ul style="list-style-type: none"> • Students develop their understanding of a name of Allah SWT. • Students learn that what Allah SWT has said is true and that Allah SWT always keeps His promises. • Students understand we should try to emulate the qualities of truthfulness and keeping our promises.
Yr 3 & 4	<ul style="list-style-type: none"> • Students develop their understanding of the Quranic verse and its context. • Students understand that everything Allah SWT tells us is for our benefit and from His grace and kindness towards His creations.
Yr 5 & 6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students understand ways this promise can help guide their everyday lives.

Asalamu Alaikum boys and girls and Welcome to Term 3!

[**Teachers may want to check the student understanding of the Islamic greeting and help students perfect their response... "wa alaikum salam wa rahmatullah wa barakatuhu!" and explain this is how Muslims say hello to one another. This beautiful greeting means may the peace/Salam, blessings and mercy/kindness of Allah SWT be upon you].

So, let's see what you know or remember? **Who is Allah SWT?** *Allah SWT is the Arabic word for God. You and I are Muslims which means we believe there is only God- Allah -La illaha illa lah.*

So, this term, we will learn more about Allah SWT, including how we can be better Muslims. We will also learn about Allah SWT's special messenger, Prophet Muhammad SAW (he was the special man Allah SWT sent to teach us about Allah SWT!). When we learn about Allah SWT, we will love Allah SWT and He will love us more in return!

As Muslims we believe Allah SWT has amazing powers to create everything in the entire universe! Allah SWT created the earth, trees, sun, moon, rivers, the animals me and you! Allah SWT created everything! So, Allah SWT is the one in control of everything the real King in charge! Allah SWT is super perfect, amazing and powerful! So, when Allah SWT makes a promise, it means it will definitely come true and happen! Allah SWT has a special name for this he is **AL-HAQQ** can we repeat that! Al Haqq means the most truthful!

Allah SWT made us some promises. **Do you know what a promise is?** [***Allow a student to guess*]. A promise means when you say something that you will definitely do it or make it come true!

Allah SWT promised to protect, help, love, forgive and guide us – and as long as we believe in Allah SWT and do the right things, we will see Allah SWT promises in our life.

*****STOP Here for Kindergarten and go to WORKSHEETS/LINKS**

EXTENSION POINTS: Years 1 and 2

So, let's talk more about a promise and what it means to tell the truth. As Muslims we must be truthful at all times and try our best to be honest in everything we do. What does it mean to be honest? [***Encourage student answer*]. Being **honest** means you don't trick anyone and you can be trusted and believed!



STORY: Trusting Allah SWT's Promise [Or Teachers can go to Worksheets/Quiz/ Video Links].

Allah SWT is the greatest example of truth and honesty! Here is a story about Allah SWT promise to the mother of a special man named Musa, who was also a Messenger/Prophet of Allah SWT.



Once a very terrible and mean man called Firawn ruled a land. Firawn used to send his guards to take away baby boys from their mothers! When Prophet Musa AS was born, his mother was very worried for him because she loved him very much and wanted to keep him safe from Firawn.

One day, Firawn's people were approaching Musa's house so Allah SWT inspired Musa's mother to put baby Musa in a basket and to place him on the river. Allah SWT promised her, *"Don't be sad, We will bring him back to you, and shall make him one of Our Messengers."* (Quran 28:7). Can you imagine how scary it must have been to put your baby in a basket in the river? But she did what Allah SWT has guided her to do and she trusted in Allah's promise. The river ended up carried Musa away, down to the house of Firawn! Firawn's wife, Asiya, was a good person and when she saw beautiful baby Musa she loved him instantly and convinced Firawn to let her keep the baby! But baby Musa was refusing to drink milk from anyone so Allah SWT sent Musa's mum to Asiya and when Musa AS drank milk from her, Asiya decided they must stay together! And so, they were protected by Allah SWT! Subhan Allah, Allah SWT is the Haqq and He did not break his promise to Musa's mother or her heart. Allah SWT fulfilled His promise because Musa's mum had trusted in Allah SWT's promise.



QUICK QUIZ:

- Who is Allah SWT? (*The creator, the truthful one, the one in control*).
- What is a promise and being truthful? (*Saying something and sticking to it*).
- If we want to enjoy Allah SWT promises, we need to do what? (*be honest and truthful*).

STAGES 2 & 3

YEARS 3 - 6 :

Welcome to a new Term! This Term we are learning more about Allah SWT and some of the things that He has promised us in the Quran! Yes, Allah SWT make us some promises! **But what is a promise?**

Promises are a statement, oath or agreement that something will, definitely, for sure happen. Learning about Allah SWT's promises helps us stay confident and calm about our lives and the future. When Allah SWT promises something, it is **guaranteed**, definitely 100% TRUE! Allah SWT is **perfect** and everything about Him SWT is perfect, including **His promises**. So, the promises in the Qur'an that we will learn about this term are:

- Allah SWT promises us a Great Reward
- Allah SWT promises us His forgiveness
- Allah SWT promises us ease with our difficulties
- Allah SWT promises us that He will respond to us
- Allah SWT promises to remember us
- Allah SWT promises us blessings when we are grateful
- Allah SWT promises us help

SubhanAllah, how great and generous is Allah SWT! We will talk more about this promise next week and learn about a lot of new promises each week inshaa'Allah.

The first thing we need to understand about Allah SWT's promises is that "for sure, the promise of Allah is true (30:60), **"inna waa'dal laahi haqqun."** Over and over in the Quran, Allah SWT repeats **"Allah's promise is true!" (35:5)**. He will never, ever break His promises! *"Allah does not back out of His promises"* (Quran 3:9) and *"...never does Allah fail in His promise."* (39:20). Allah SWT tells us there is no-one more truthful than Allah SWT! (Quran 4:122). One of Allah SWT's special names describe this: Allah is **Al-Haqq!** [****Repeat name with students**]. Al Haqq means The ULTIMATE TRUTH.

How does Allah SWT's promises impact our life?

When we know Allah SWT's words are true and that he never breaks His promise, it means we can trust everything we read in the Quran. It helps us to keep positive and hopeful in our connection with Allah SWT. Knowing Allah SWT's promises helps us stay certain and confident in Islam.

To be able to get the benefits from Allah SWT's promises, we need to follow the Haqq, Allah SWT's way and be truthful and keep our promises too.



STORY: Trusting Allah SWT's Promise.

Once a very terrible and mean man called Firawn ruled a land. Firawn used to send his guards to take away baby boys from their mothers! When Prophet Musa AS was born, his mother was very worried for him because she loved him very much and wanted to keep him safe from Firawn.

Their house was on the banks of the river Nile. Allah SWT inspired Musa's mother to put baby Musa in a basket and to place him on the river whenever she was afraid anyone was coming to take baby Musa. Allah SWT promised her, *"Don't be sad, We will bring him back to you, and shall make him one of Our Messengers."* (Quran 28:7) So, whenever someone came to her house that she was afraid of, she would go and put him in the basket in the river and would tie it with a rope. Can you image how scary it must have been to put your baby in a basket in the river?! But she did what Allah SWT has guided her to do and trusted in Allah's promise. One day, Firawn's people were approaching Musa's house, so she ran and put Musa in the basket on the river - but this time the water ended up carried Musa away, down to the house of Firawn! Firawn's wife, Asiya, was a good person and when she saw beautiful baby Musa she loved him instantly and convinced Firawn to let her keep the baby! But baby Musa was refusing to drink milk from anyone... So, Allah SWT sent Musa's mum to Asiya and when Musa AS drank milk from her, Asiya decided they must stay together and so they were protected by Allah SWT and safe, even in the Palace of Firawn!

Subhan Allah, Allah SWT is the Haqq. He did not break his promise to Musa's mother or her heart. Allah SWT fulfilled His promise to return Musa to His mother because she had trusted what Allah SWT had told her to do. And later, Allah SWT fulfilled the whole of His promise and made Musa AS a Messenger!



LESSONS LEARNT:

Believing in Allah's promises and words is part of your Islam: Remember the Quran is the true, it is the miraculous speech of Allah SWT! It contains promises and guarantees that help guide us how to live. Make an intention right now to learn more about the Quran and Allah SWT's promises so that it can inspire and benefit you in your life, just like they helped guide and inspire Musa's mother.

Be a person of Haqq: This means try to guide people to truth and speak up and stand up to help if you see things that are not fair. Tell a trusted adult or a teacher if you see anything wrong happening to you or someone else. Standing up for the truth may be difficult but we know that Allah SWT loves people of truth and He will reward them. So, stay firm and steadfast on the path!

Be truthful and keep your word: Just like Allah SWT is words are truthful, we should try to tell the truth also. Never hide the truth/Haqq or mix the truth with lies. *"And do not mix the truth with falsehood or hide the truth while you know (it)."* (Quran 2:42). Think carefully before you say anything and don't make promises you can't keep. But know that, despite our best efforts, sometimes we or other people might not be able to keep our word because we are human and not perfect like Allah SWT, and somethings are out of our control. If this happens – apologise and be honest about what happened and try to fix things or fulfil your promise ASAP.

LESSON 2: Allah SWT Promises a Great Reward.

KINDY	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it is related to. • Students understand that Allah SWT promises that those who believe in Him and do good deeds, will receive forgiveness and a great reward.
Yr 1 & 2	<ul style="list-style-type: none"> • Students understand ways of “doing good.” • Students develop their understanding of a name of Allah SWT. • Students learn about the great reward promised by Allah SWT.
Yr 3 & 4	<ul style="list-style-type: none"> • Students develop their understanding of the Quranic verse and its context. • Students understand ways this promise can guide their everyday lives. • Students explore ways to perfect their belief and to practice good and excellence in their everyday lives.
Yr 5 & 6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students understand the significance of this verse for their life purpose and Hereafter.

EARLY STAGE 1 & STAGE 1

KINDY – YEAR 2

So last week we learnt that Allah SWT’s promises are true. Today we will learn about another promise that Allah SWT says in the Quran: **“Allah has promised those who believe and do good deeds [that] for them there is forgiveness and great reward.”** (Quran 5:9).

So, what does this promise mean? This is a beautiful promise that gives us joy, happiness, and hope! Allah SWT is promising us that if we believe in Him and do good actions that He will be happy with us and forgive our bad actions and give us the most wonderful, great reward of all! This “great reward that Allah SWT is talking about in this promise is Jannah! Jannah is also known as Heaven or Paradise, and it is a peaceful, lovely, gigantic place that Allah SWT has made for those who believe and do good! So, what is Jannah like?

Try to imagine this if you can... You are in Jannah and it’s so enormous! In Jannah, you see the beautiful mountains made out of perfume, valleys made from pearls and rubies, lush, green beautiful gardens, flowers and fruits piled on top of each other, and rivers of flowing. In Jannah, the people in Jannah increase in beauty instead of getting old and are happy there forever... There are no bad things at all in Jannah, only happy things and **WHATEVER** you wish for! Whatever you want or image, you get it instantly! But then there’s more! Are you thinking what **more** could you possibly want?! Well, the people of Jannah, since they were pleased with Allah SWT and Allah SWT was happy with them, *they also get to see Allah SWT and He looks more beautiful than everything in Jannah!* Subhan Allah!!!

Alhamdulillah, Allah SWT is **AL WAHHAB** – THE ULTIMATE GIVER, **The One who is Generous in giving plenty without needing anything in return.** But did you know, not only does Allah SWT give us Jannah when we believe in Him and do good – but He also gives us many rewards for doing good in this world too! E.g., when we do good deeds, people become happy with us and we live a good, peaceful life!



QUICK QUIZ:

Why do we do good deeds? *So we can make Allah SWT happy with us and get His forgiveness and Jannah as a reward inshaa’Allah but also doing good actually makes you be happy in this world too!*

What is a good deed you can do to gain Allah’s forgiveness and work towards your spot in Jannah? *(Make a Muslim happy, move something harmful off a path, giving charity, hold back anger, fasting, being friendly and kind, respecting parents, saying Salam to others. So, what good deeds will you do?*

STAGES 2 & 3

YEARS 3 – 6

So last week we learnt that Allah SWT’s promises are true. Today we will learn about another promise that Allah SWT says in the Quran:

“Allah has promised those who believe and do righteous deeds [that] for them there is forgiveness and great reward.” (Quran 5:9).

So, what does this promise mean for me?

This is a beautiful promise that gives us joy, happiness, and hope! Allah promises that,

- ✓ for **those who believe** in Allah SWT and His Prophet SAW...
- ✓ **AND do good righteous deed** (good deeds are things Allah SWT and the Prophet Muhammad SAW taught us to do) ... that they will get:
 - **Forgiveness from Allah** “maghfeeratooon” (this means Allah SWT will not just excuse our mistakes but also hide or wipe away your bad deeds as if they did not even happen!)
 - **AND a great reward** “Ajroon adheem.” *A reward is a good outcome or benefit that we get for doing something.* Allah SWT rewards us in many ways (e.g. by preventing a bad thing from happening, giving us a blessing etc). Do you know what is **the great reward** that Allah SWT is talking about in this promise? It’s Jannah! (Heaven or Paradise).

This promise reminds us that Muslims **MUST show our belief by doing good actions**. Subhan Allah, all the good actions that Allah SWT wants us to do are for our benefit – when we do good, people love us, we feel happy and good deeds help us live a peaceful life. These are some of the rewards of this world. But since Allah SWT is AL WAHHAB – THE ULTIMATE GIVER, **The One who is Generous in giving plenty without needing anything in return**, He gives us more than just worldly rewards. He promises us in this verse His forgiveness – and with His forgiveness, comes the ultimate, great reward – Jannah!

Jannah, the great reward!

Try to imagine this if you can... You are in Jannah! It’s so enormous, the distance just between each level is as big as the space between heaven and earth! In Jannah, you see the beautiful mountains made of musk perfume, valleys made of pearls and rubies, lush, beautiful gardens, flowers and fruits piled on top of each other, and rivers flowing, some with water, milk or honey. In Jannah, the people in Jannah increase in beauty instead of getting old! They wear gold, pearls, diamonds, and clothes made from silk. All the people in Jannah sit on high thrones and cushions and live in beautiful mansions or palaces and are greeted with “peace!” And you are happy there forever... There is no sickness or tiredness, no pain – there is nothing bad there at all, no bad talk, or arguing, or sadness. Only joy, peace and happiness and whatever comfort you wish for! Whatever you want or image you get it instantly! Allah SWT says, “They will have whatever they wish for there, and with Us (Allah) is **more!**” (50:35). What **more** could you want, you think?! Allah is happy with you, and you have everything, so **what more** could you want?! Well, the people of Jannah, since they were pleased with Allah SWT and Allah SWT was happy with them, *they also get to see Allah SWT!* Subhan Allah!!! So, **having Allah SWT happy with us our ultimate goal and seeing Allah SWT in Jannah, the greatest reward!!!**

Why does Allah SWT tell us about rewards?

Islam teaches us there are **consequences** for every action, *so we need to think wisely about every single thing we say or do*. Allah SWT’s angels record even the tiniest action of good or bad. Some deeds

have rewards or consequences in this world, and some we see later. Allah SWT is generous and knows that rewards help to motivate us. Some good deeds take minimal effort to do (e.g., smiling or being clean or just fixing your hijab) but have much reward. Subhan Allah, even our good thoughts and intentions get rewarded by Allah SWT. Some deeds like fasting carry huge rewards and even endless rewards. We must always remember, however, that while rewards help to motivate us, the real motivation and goal should firstly be **to please Allah SWT – to have Allah SWT happy with us!**

Ok, so what good deeds help us to gain Allah SWT’s love, His forgiveness and Jannah?

1. Firstly, learn about Allah SWT and His Prophet SAW – the more learn the more you will love and follow them – which will help you do good and gain Allah SWT’s love.
2. Focus on starting with the compulsory deeds Allah SWT asked us to do (e.g. the 5 Pillars of Islam). Try perfecting your 5 daily salah/ prayers. The Prophet SAW said: **“Know that the best of your deeds are your prayers...”** (Ahmad). Pray at the proper time. Follow the way the Prophet SAW prayed. Perfect your Salah by praying slowly and with focus (Khushoo’). Do the extra prayers whenever you can. Salah is good for us in so many ways. The Salah/ prayer wipes off our bad deeds in between prayers, it protects us from doing bad deeds and help us calm down and relax and helps keep us our body fit, SubhanAllah. Then, try doing as many other good deeds as you can.

Here are some practical, good deeds that gain us forgiveness and the hugest reward - Jannah:

The best actions are those recommended by the Quran and our Prophet SAW. Try the following:

- **Being gentle, kind and respectful of parents!** (The Prophet SAW said, *“The best of’ the deeds or deed is the (observance of) prayer at its proper time and kindness to the parents.* (Muslim) and honouring parents *“may lead one to enter through the best of the gates of Paradise; so take care of your parents”* (Ibn Majah).
- **Wudu** – this washes off bad deeds with every drop that falls and proper Wudu is the key to Salah and Salah is the key to Jannah!
- **Reciting and understanding Quran.** You also need Quran to perfect your prayer and Quran is the best for strengthening your belief (the first part of the promise remember!). And there’s so much reward! Hasnat with every letter, memorising gets you higher up in Jannah and *“Whoever reads Surah ‘Qul Huwa Allahu Ahad’ ten times, Allah will build for him a house in Jannah!”* (Al-Albani).
- **Truthfulness** leads to righteousness, and this leads to Jannah! (Bukhari).
- **Dhikr!** Words of remembrance can get you through a gate of Jannah! (Also, *whoever says “SubhanAllah al-Adthim wa Bihamdihi (Glorified and Exalted is Allah, The Great, and with His Praise), a date-palm tree will be planted for him in Jannah.* (At-Tirmidhi)).
- **Making Dua for Jannah!** (*Whoever asks Allah for Jannah three times, Jannah will say: “O Allah, enter him into Jannah.”* (At-Tirmidhi)). And saying Dua helps guide you to more good deeds!
- **Filling the gap in-between people praying** (*“Whoever fills the gap, Allah will raise him a level and build for him a house in Jannah”* (Saheeh Al-Albani)).
- **Studying hard!** (*Whoever takes a path in search of knowledge, Allah will make easy for him the path to Jannah.* (At-Tirmidhi)).
- **Doing a good deed regularly** – even if it is something small, like always saying salam or smiling!
- **Forgiving others** – when we do, Allah SWT to forgives us too! (More on this next week insha’Allah!)
- **Avoiding arguments, bad manners or lying** – (*“I guarantee a house in lowest parts of Jannah for the one who leaves off argument even when he is right, and a house in the middle part of Jannah*

for the one who leaves off lying even if he's just joking, and a house in the highest part of Jannah for the one with good manners" (Silsilah as-Saheeha)).

- And SO MUCH MORE! So many good deeds you can do to gain Allah's forgiveness and work towards your spot in Jannah - Making a Muslim happy or removing their worry, moving something harmful off a path, giving charity, holding back anger, fasting, being easy-going, being grateful – just a few good deeds that Allah SWT loves. The more good you do and the stronger your belief (Iman) the higher you will be in Jannah, and the highest level is called Jannat Al Firdous, where you will find the Prophet SAW and be the closest to Allah SWT! The Prophet SAW taught us to aim high and to work and ask for Jannat Al-Firdaus. **So, what good deeds will you do to get you there?**



STORY: Footsteps in Jannah

Bilal Ibn Rabbah RA was among the Prophet's friends (sahabah) who were promised Paradise! One day, at the time of the Fajr prayer the Prophet SAW asked Bilal, "Tell me of the best deed you did after embracing Islam, because I heard your footsteps in front of me in Paradise!" Bilal replied, "I did not do anything usual except that whenever I performed Wudu during the day or night, I prayed after that Wudu as much as was written for me." (Bukhari).

Subhan Allah, Bilal RA was guaranteed Jannah and some of the things that got him there was because he always had constant Wudu, all day and night, and would always pray as much as he could whenever he renewed his Wudu! So, Islam teaches us to try to excel in whatever good deeds we do!



LESSONS LEARNT:

- ✓ **This promise reminds us of the bigger picture and our end goals:** It helps to remind us that this life is a test, and the only way to pass it is with true belief, and by showing our belief in our actions. This promise motivates us to keep doing good, even if it is sometimes hard, because we remember our real goal in life is gaining Allah SWT's love and forgiveness and that our reward for this will be better than anything we could ever imagine. Remind yourself when it feels hard, of the reward of meeting Allah SWT and the Prophet SAW in Jannah, and all the beautiful things you will have. Remind yourself Allah SWT also promises that He will never let the good deed you did, no matter how small, go unrewarded: **"As for those who have believed and done righteous deeds - We do not let the reward - of anyone who does a good deed go to waste"** (Quran 18:30).
- ✓ **Good deeds benefit us:** It is Allah SWT's kindness and forgiveness that gets us into Jannah - no amount of good deeds are ever really enough to earn all the wonders of Jannah. So, why does Allah SWT want us to do good?? All the good deeds Allah SWT wants us to do, help us to live happily and in peace together. Allah SWT only ever wants the best for us. We can't think things like 'what's the use of being nice or kind?' or 'I'll only be nice to those who be nice to me!' because doing good only benefits us and not doing good, only harms us. Allah SWT says, **"Is the reward for good, anything except good?!"** (Quran 55:60).
- ✓ **Prayer, Quran and following the Prophet's actions are critical for strengthening belief:** Praying and understanding the Quran are the best good deeds for helping to strengthen our belief (Iman), our connection with Allah SWT. They must be our first priority in good deeds if we want to get Allah's forgiveness and Jannah. **"And they who carefully maintain their prayers - Those are the inheritors who will inherit Jannat Al-Firdaus. They will abide therein eternally"** (Quran 23: 9-11).

LESSON 3: Allah SWT Promises Forgiveness

KINDY	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it is related to. • Students understand Allah SWT loves us, even with all our mistakes.
Yr 1 - 2	<ul style="list-style-type: none"> • Students understand they should never give up when they make mistakes. • Students learn about Allah SWT's kindness, grace and mercy and that He loves to forgive us. • Students understand that to help gain Allah SWT's forgiveness and mercy they should try to practice these qualities also. • Students develop their understanding of the Quranic verse and its context.
Yr 3 - 4	<ul style="list-style-type: none"> • Students understand that Allah SWT's mercy outweighs His anger. • Students learn some etiquettes of repentance (Tawbah). • Students learn they should try to wipe off a bad deed with a good deed as soon as possible.
Yr 5 - 6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students extend understanding of Allah SWT's mercy and ways they can show mercy to others. • Students understand ways this promise can guide their everyday lives.

EARLY STAGE 1 – STAGE 1

KINDY – YEAR 2

Today we learn about how Allah SWT promises to always forgive us. "... **Do not give up** on the mercy of Allah! **Indeed, Allah forgives all wrongs. Indeed, He is the Forgiving, the Merciful.**" (Quran 39:53).

In this promise Allah SWT is promising in this verse that He is **AL-GHAFFOOR, the Great Forgiver**, the One who forgives our mistakes, that **He is the RAHEEM, The Merciful** (kind and generous) and that whenever we do something wrong, if we are truly sorry, that we Allah SWT will ALWAYS be there for us. He is telling us in this promise that we should never, ever give up on believing in His kindness or think Allah SWT hates us, even if we have done lots and lots of mistakes! Subhan Allah, Allah SWT is so kind that He doesn't want us to get stuck feeling sad about our mistakes! He wants us to understand we are human and that means we are not perfect and that we will keep making mistakes but that is OK. Our mistakes can help us get closer to Allah SWT, to grow and get stronger, to learn new things. Allah SWT is reminding us in this promise that the important thing is NOT never making mistakes – IT IS ALWAYS TURNING BACK TO ALLAH SWT and trying to do better. Turning back to Allah means we remember Him, what He wants and loves, and we try to do better again, each and every time we fail.

So, when we do something wrong, stop and say sorry to Allah SWT, **AstaghfirAllah** or "**Allah, please forgive me**"! Say, Allah, I know I did something wrong, please forgive me, I don't ever want to do that bad thing again inshaAllah! Allah SWT tells us He loves it when we forgive others too! So, think about what you do and if there are others you have hurt and say "I'm sorry" and try to fix things if you can.



STORY: Yunis AS in the Deep Darkness.

The Prophets are the best people, but they still were human. Yunis AS taught us what to do if we make a mistake. Prophet Yunus AS kept telling his people to believe in Allah SWT, but they wouldn't listen, no matter how hard he tried. So, feeling frustrated, he thought, *I won't waste my time on these people anymore, I will go teach other people who might listen!* And so, even though Yunis had not been told to by Allah SWT, Yunis got on a ship and left the town! Soon, there was a huge storm on the sea and poor Yunus AS ended up overboard and getting swallowed up by a giant whale! In its dark belly, deep down in the dark ocean, Yunis AS realised he had made a bad decision and begged Allah SWT for forgiveness. He cried out, over and over in the darkness: "**There is none worthy of worship except You, Glory be to You. Indeed, I was of the wrong-doers**" ("La ilaha illa anta subhanaka inni kuntu minaz-zalimin").

Yunis AS understood his mistake and that without Allah SWT's forgiveness, he would be lost. He taught us to admit our bad deeds and not to blame our bad choices on others. He didn't blame things on his people "being so annoying." Allah SWT forgave Yunis AS and Yunis went back to his people and made things better - and soon they all became Muslim Alhamdulillah!

STAGE 2 & STAGE 3

YEARS 3 - 6

So, last week we learnt that Allah SWT promises forgiveness and a great reward. Today we are going to learn about **Allah's SWT's promise of forgiveness**. Allah SWT says:

"O My servants who have wronged themselves - **do not give up** on the mercy of Allah! **Indeed, Allah forgives all wrongdoings. Indeed, it is He who is the Forgiving, the Merciful.**" (Quran 39:53).

Allah SWT knows we all make mistakes and mess up sometimes, that's just part of being human. But when we really love Allah SWT, we feel sad when we realise we have done something that Allah SWT doesn't like. In this promise, Allah SWT is lovingly telling us, "*Don't give up on My mercy!*", "**La takneetoo!**", He is "Al Gaffour, Ar- Raheem," The Forgiving, The Most Merciful (generous and caring). It's like Allah SWT is saying to us, *'I see you feeling sorry for what you did, you don't have to keep feeling sad, it's OK, keep going, I'm here for you and I forgive you!'* And when Allah SWT forgives us, we can feel so hopeful and comforted. So, this promise encourages us to forgive ourselves and move forward. It's like Allah SWT is telling us, *don't give up, get back up after your mistake and keep trying!*

Subhan Allah, Allah SWT is so loving that He also promises us that "*...I shall forgive you for what you have done, and I shall not mind...*" even if our bad deeds "*reached the clouds of the sky*" or "*were as great as the earth*" He will still forgive us, as long as we believe that He is the One and Only God and don't link any partners with Him! (At-Tirmidhi). Allah SWT even tells the angels to delay recording our bad deeds for six hours to give us a chance to ask for forgiveness (At-Tabarani) and even replaces our bad deeds with good deeds! "*... those who repent, believe and do righteous work - For them Allah will replace their bad deeds with good. And Allah is ever Forgiving and Merciful...*" (Quran 25:70).

BUT --- Just because Allah SWT is the Al – Gafoor, Al Raheem, the All-Forgiving and Most Compassionate, it doesn't mean that you can intentionally (on purpose) do a bad deed and think, it's OK to do this wrong thing, Allah is so kind, I'll just ask Allah to forgive me later! No, firstly – remember that while Allah SWT might forgive you for doing something bad – others you may have hurt with your bad deed may not forgive you! Also, this promise of forgiveness is only for those who are really trying to stop doing a bad deed, who are serious about turning back to Allah SWT. This true turning back to Allah is called **Tawbah – and Allah SWT is AL – TAWAAB, the Acceptor of Tawbah.**

Tawbah is more than just saying **Astaghfirullah** (asking Allah SWT to forgive us). Tawbah involves really thinking about our actions, feeling sorry about what we did, deciding to turn to Allah SWT and to never ever do that bad action again. Tawbah means we also think about how we may have hurt others with our bad deed and apologising and trying to make things better with them too. So, Tawbah means you:

1. **Regret it:** Feel sorry about what you did.
2. **Stop it:** Quit doing the bad deed right now.
3. **Decide:** Make sincere, strong, and determined intention to never to go back to the bad deed.
4. **Ask Allah SWT for forgiveness:** You can use Dua's (see below) or ask Allah SWT with His beautiful Names or just cry out and beg Allah SWT with whatever words you want.

5. Fix it or follow up (good deeds wipe off bad deeds): The Prophet SAW said: *Fear Allah wherever you are and follow up a bad deed with a good deed, Indeed the Good deed wipes away the bad.* (At-Tirmidhi). Remember, if you hurt someone, admit it, say sorry and try to make things better.

6. Don't delay: Allah SWT loves it when you do Tawbah immediately, as soon as you realise your bad deed – this shows you really sincere. Our future is uncertain, so don't wait – do your Tawbah now.

7. Don't give up: Remember Allah SWT's promise to forgive, say Alhamdulillah and move on!

More ways to gain Allah SWT's forgiveness:

Salatul Tawba: (Prayer of Repentance). The Prophet taught we should do proper Wudu, pray two Rakkat (units of prayer) and ask Allah SWT for forgiveness. The best time to ask for forgiveness is in the Sujood of your prayer (when your head is on the ground) - this is when you are closest to Allah SWT.

Forgive others: Over and over, the Quran encourages us to forgive others, "...**pardon and overlook. Would you not love for Allah to forgive you? Allah is Forgiving and Merciful.**" (24:22). The Prophet SAW, whose character was the Quran, was also always forgiving. He SAW said: **"Be merciful to others and you will receive mercy. Forgive others and Allah will forgive you!"** (Ahmad). Forgiving others doesn't mean we have to forget what they did or the hurt they caused - but it does allow us to accept what happened, to gain Allah SWT's love and so feel better and move on.

Repair bad with good: If you break something or make a mess, clean it up. If you accidentally knock someone over, say sorry and help them back up. If you were rude – apologise and be nice! And do as much good as you can to wipe of bad deeds that you can't fix with others.

Istighfar: This is repeating "Astaghfirullah" (or "*forgive me Allah!*"). The Prophet SAW said, **"If anyone constantly seeks pardon (from Allah), Allah will appoint for him a way out of every distress and a relief from every anxiety and will provide for him in unexpected ways."** (Abu Dawud). Remember, the Prophet SAW - who didn't even need to - would say "Astaghfirah" 100 times daily!

Wudu: Wash away your bad deeds! *"When a Muslim, or a believer, washes their face (in Wudu), every bad deed made with their eyes, will be washed away from their face with water, (or with the last drop of water); when they wash their hands, every bad deed which was made by their hands will be deleted from their hands with the water, (or with the last drop of water); and when they wash their feet, every bad deed their feet did will be washed away with the water, (or with the last drop of water); until finally they have no more bad deeds!"* (Muslim).

Dua: The best Dua for forgiveness: *"O Allah, You are my Lord, none has the right to be worshiped except You, You made me, and I am Your servant and I abide to Your promise and will try to honour it as best as I can, I seek refuge in You from the bad of which I have done. I acknowledge Your blessings on me, and I admit my wrong, so forgive me, for verily, none can forgive bad deeds but You."* (Bukhari).



STORY: Younis AS in the Deep Darkness.

The Prophets are the best people, but they were still human and taught us what to do if we make a mistake. Remember Prophet Yunus AS? He kept telling his people to believe in Allah SWT, but they wouldn't listen. No matter how hard he tried, they just wouldn't believe. So, feeling frustrated, he thought, *I won't waste my time on these people anymore, I will go teach other people who might listen!*

And so, even though Yunis had not been told to by Allah SWT, He left the town, and got on a ship to go to teach some other people. Soon, there was a huge storm on the sea and poor Yunus AS ended up overboard and getting swallowed up by a giant fish or whale! In its dark belly, deep down in the dark ocean, Yunis realised he had made a bad decision and begged for Allah SWT for forgiveness. He cried out, repeating over and over in the darkness: **“There is none worthy of worship except You, Glory be to You. Indeed, I was of the wrong-doers”** (“La ilaha illa anta subhanaka inni kuntu minaz-zalimin”).

Yunis AS understood his reaction was to blame and without Allah SWT’s forgiveness, he would be lost. He taught us to own up and admit to our bad deeds, to take responsibility when we do something wrong, not blame our bad deeds on others. Yunis AS didn’t blame his bad choice on his people “being so annoying” like many do these days. Allah SWT forgave Yunis AS and He went back to his people and made things better - and soon, they all became Muslim Alhamdulillah! Always remember the Dua of Yunis whenever going through a tough time or asking for forgiveness because the Prophet SAW said Allah SWT always responds whenever we ask with it (At-Tirmidhi).



LESSONS LEARNT:

- **Tawbah is an opportunity - Don’t let it pass:** Alhamdulillah, in Islam, there is no-one between us and Allah SWT. We can ask Him directly for our forgiveness. We don’t need to wait for Hajj or Laylat al Qadr. We can do Tawbah and start anew, any time, any day. Allah SWT also promised, **“Indeed, My mercy is always greater than My anger!”** (Bukhari). Tawbah is one of the most loved deeds for Allah SWT and a key to gaining Jannah. The Prophet SAW gave an example of how much Allah loves our Tawbah. He said - imagine how you would feel if you were roaming around in a desert, lost, without anything and then suddenly found your camel, food and water! You’d feel so happy to have them back, right? Well, Allah is even happier when we turn back to Him for forgiveness! So, don’t waste this chance for Allah SWT’s love!
- **Reflect & think:** The first step of Tawbah is to realise when we do something wrong – to realise our mistakes, we need to think about our actions. Remember, actions have consequences! Use the 6-hour chance to regularly think about how you are going throughout your day. Don’t go through life ignoring how your deeds affect others, or constantly blaming others for your reactions or only realising your mistakes when you’re in big trouble. Don’t let your pride stop you from asking Allah SWT to forgive you or stop you from saying sorry to others. Don’t ignore the uncomfortable feeling of regret – we don’t need to get overwhelmed with it - but use it to reflect. *“When your good deeds make you feel happy, and bad deeds makes you feel sad, then you are a true believer.”* (Ahmed).
- **Never give up, keep trying** - because Allah doesn’t give up on you. This promise teaches us not to get stuck on the negative, to accept we are human and to forgive ourselves. We are meant to try to be the best we can be, to seek excellence (Ihsan), not perfection. We don’t need to be harsh on ourselves when Allah SWT is telling us with this promise that it will always be OK, even when we make big mistakes, as long as we keep turning to Allah and trying to do better. So, just keep going – bad deeds don’t need to weigh you down. Erase them with as many good deeds as you can - give charity, help someone, recite Quran, pray, anything good you can think of!

LESSON 4: Allah SWT Promises Ease with Hardship

Kindy	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it related to. • Students understand that Allah SWT loves us and tries to help us through hard tasks or times.
Yr 1 -2	<ul style="list-style-type: none"> • Students understand that with difficulties are hidden blessings and goodness and that Allah SWT is the Best of Planners. • That Muslims get rewarded for our effort, hard work and persistence.
Yr 3-4	<ul style="list-style-type: none"> • Students develop their understanding of the Quranic verse and its context. • Students reflect on the benefits of looking for the ease and relief in challenges for their everyday lives. • Students learn about Tawakul - trust in Allah and this promise – helps us stay resilient and get through hard times.
Yr 5-6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students understand Allah SWT loves us and that hardships can be a means of achieving great closeness to Allah SWT. • Students understand the relevance of this promise to help guide their everyday lives.

EARLY STAGE 1 - STAGE 1:

KINDY-YEAR 2

In the earlier lessons, we learnt that Allah SWT promises to give us amazing rewards for all the good that we do. We also learnt that Allah SWT will forgive us for anything bad that we do, as long as we ask Him for forgiveness and try to change.

Today, we'll learn about a beautiful verse in the Quran where Allah SWT promises to **make things easy for us** even when they become hard!

Allah SWT says, **“Indeed, with hardship (will be) ease.”** (Quran 94:06)

So, what does this promise mean? It means that while bad things do happen and we get sad, Allah SWT promises us that we will get **happy times** too.

Allah SWT special name for this is **An-Naseer - The Helper and Protector**. This means that He SWT is the **Only One that can help us when we face hard times**. He is the one who gives us what we need and the only one with the **power to change what is happening** in our lives. So, when you feel sad because of your struggles, know that Allah SWT will always give you good and easy times in return! Subhan Allah, and if you look really hard, you might even see the good IN a hard thing too – for example, when you are learning something new or doing something tricky it is also helping you learn and grow!



STORY: How Allah SWT gives us ease in times of trouble.

Fatima was a young Muslimah who was very active and loved her sports. Fatima was super excited for her running race that would happen on Tuesday. On Monday, however, Fatima was waking home and didn't look where she was going and tripped on a huge rock. Fatima was very upset because her leg felt sore and now, she couldn't walk properly anymore! Fatima was more upset because she knew that now she couldn't run the race anymore. Fatima was very sad, so she began to ask Allah SWT in her Dua and salah to make things better. Fatima's mum told her not to be sad because although it looks bad, Allah SWT had a better plan for Fatima. Fatima went to the doctors instead of the race on Tuesday. Fatima spent time with her family at home, she ate ice cream and played lots of games instead. Fatima had **ease** of her family being around her to help her, and the medicine the doctor gave her to make things better. Fatima realised that although hurting her leg was hard, Allah SWT **makes difficult times easy by giving us help and blessings-** through family and friends and the right people. Fatima thanked Allah SWT for her blessings in this difficult time and hopes she will get rewarded for her patience!



QUICK QUIZ: [****Please remember to praise students who participate/ or answer correctly**].

1. What does this verse promise us? (*Ease with hardship, that if we look hard, we will always find some good in every tricky thing also*).

2. What is the name of Allah SWT that we learnt and what does it mean? (*An-Nasir- The Helper*).

EXENTION Years 1 and 2

3. Can you think of a time when Allah SWT made something easier for you when at first it was difficult? (*e.g., riding a bike, learning your letters, going to school, etc.*).
4. Why do you think Allah SWT gives having ease with hardship? (*People remember to look for the positives when things are tough, it gives people a reward for their patience, gives a sense of hope, helps people feel loved by Allah SWT*).

STAGE 2 - STAGE 3:

YEARS 3 - 6

Today's promise from Allah SWT is to grant us ease after hardship. Allah SWT says:

“Indeed, with hardship (will be) ease.” (Quran 94:06)

Hardship is something that every person experiences in their life. Whether it be a difficulty like failing an exam, losing a friend, or having someone mistreat you. All these experiences can be very challenging. Remembering this promise of Allah SWT can help a Muslim feel better.

How blessed are we! **Allah SWT absolutely promises that we will be given ease with our struggles.** So, what does ease mean? Ease means something is made easier for you to handle. For example, maybe if the difficulty for you was having the flu or a runny nose, your ease during it could be that you can take medicine or you have someone to take care of you.

What a beautiful promise! Subhan Allah, Allah SWT, through His mercy will always help us with our difficulties and will **always** make them **easy** for us. This promise helps us to remember Allah SWT gives us many blessings, although sometimes when things are feeling difficult, we might have to try a little harder to see them. This promise reminds us to look for the silver lining, the positives that shine out when things look grey and difficult. So, why did Allah SWT say such a wonderful promise in the Qur'an? Who was Allah SWT directly addressing it to?



STORY: To Comfort the Prophet SAW

This verse came down to Prophet Muhammad SAW as a way to comfort him. When Muhammad SAW was first given the message of Islam, he had only a few followers. The people around him mistreated him physically and emotionally. They called him many mean names and whenever people came to visit Makkah, Muhammad's SAW enemies would lie about him and tell visitors to stay away from him.

Subhan Allah, this was a really difficult time for the Prophet SAW but look at how Allah SWT gave him ease as well... Allah SWT guided the visitors to meet with the Prophet SAW and they saw his kind character. They heard the message of Islam and the beautiful Quran and ended up becoming Muslims!

What does this show us? That even though our Prophet Muhammad SAW had to deal with the hardships of people spreading lies about him and bringing down his reputation, Allah SWT gave him ease through increasing the number of followers that truly believed in him and loved him!

Just like Allah SWT granted ease to His Beloved Prophet SAW, **Allah SWT has promised to do that for each and every one of us too!** Allah SWT says in this Surah: *'Did We not expand for you, O Muhammad, your chest? And we removed from you your burden which had weighed upon your back. And raised high for you your repute. For indeed with hardship will be ease. Indeed, with hardship will be ease. So, when you have finished your duties, then stand up for worship. And to your Lord direct your longing.'* (Quran 94: 1-8).

What does this important Surah teach us?

Allah SWT is saying that HE is the one who removed the struggles of Muhammad SAW - the struggles that were so heavy they weighed down his back! How many times have you felt like there was so much weighing you down, that everything was going wrong in your life? Our Prophet SAW felt like that too! We must do everything in our power to help ourselves, but we must turn to Allah SWT for help too. Allah SWT tells us to direct to Him our longing, our want for change and our pleas for help. So, let's try to make more *Dua* and ask what we need from Allah SWT!

It was through the help of Allah SWT that Muhammad SAW's good reputation to spread far and wide, and more and more people started seeing his beautiful character. It was through Allah SWT that people began believing in Islam and supporting the Prophet Muhammad SAW.

We should remember that Allah SWT is **An-Naseer - The Helper and Protector**. He SWT is the one who helps us in our hardships. Allah SWT knows when you will experience difficulty, grief or sadness and An-Naseer has already planned to give you ease, comfort and happiness to help you out!

It is easy to focus on the bad things that happen to us. But remembering this verse allows you to recall that you **WILL** be given **Yusra** (ease) *with* hardship (**Usra**). The more you practice looking for the **Yusra** (ease), the easier you'll be able to get through any hardship insha'Allah.



LESSONS LEARNT:

- ✓ **Muslims shouldn't lose hope in Allah SWT.** It's okay to feel sad when going through hard times and it's okay to want to cry about it too. But don't lose hope - Allah SWT is An-Naseer, the Helper and Protector and He has promised to put some ease with whatever challenge you go through.
- ✓ **Trials have blessings in them.** The Prophet Muhammad SAW told us that there are blessings in the affairs of the believers. This is because when good happens to a Muslim, they are grateful to Allah SWT so see goodness in it and when something bad happens, they are patient and so there's goodness in that for them too. Our trials help us to build our patience and strength and get us closer to Allah SWT.
- ✓ **Hardships are normal, they are part of life.** It is not because you're bad or because you shouldn't be happy. Everyone is tested in life, and it helps us have hope in Allah SWT. Our Prophet SAW was tested the most! What is more important is how you deal with the test that Allah SWT places in your life. We should use our tests to become closer to Allah SWT.
- ✓ **Remember that the test is balanced with the ease because Allah SWT loves you.** Everything in Islam is balanced. Allah SWT promises to grant us ease after hardship. So, while we do have difficulties around us, always remember that your time of ease and happiness will come.
- ✓ **Respond positively to a struggle.** When we are tested in life, we try to increase in our connection with Allah SWT. This can be through doing extra good deeds, reciting the Quran (like this verse!), helping others and through making *Dua* (supplication) to Allah SWT.
- ✓ **We get rewards for our patience too:** Remaining patient in difficulty is not an easy thing to do and it is okay if you struggle with this sometimes. We should try our best to remember that Allah SWT loves the people who are patient and will reward them with the grandest rewards!

LESSON 5: Allah SWT Promises to Respond to You.

K	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it related to. • Students learn what Dua is.
Yr 1-2	<ul style="list-style-type: none"> • Students understand how to make Dua. • Students understand Allah promises that He is near and always hears and answers our Dua, but that this will be in ways He sees fit.
Yr 3-4	<ul style="list-style-type: none"> • Students develop their understanding of the Quranic verse and its context. • Students understand etiquettes of making Dua and things that prevent Dua from being accepted. • Students understand the relevance of this promise to help guide their everyday lives.
Yr 5-6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students extend understanding of Dua and Tawakul for their everyday lives (e.g. tawakkul helps us to be hopeful and positive of achieving goals).

EARLY STAGE 1 – STAGE 1

KINDY - YEAR 2

Today we will learn about the promise of Allah SWT which is... **‘Call on Me and I will answer to you!’** (Quran 40:60). Yes, Allah SWT promises to respond to you, to answer you when you call on Him!

Allah SWT is telling us that whenever we call Him or ask Him for something, He will reply to us, although this may be in His own special way. Allah SWT is the only one who hears, sees and knows everything. He is the only one with all the power who can respond to us and help us!

So, how do we ask or call upon Allah SWT? We talk to Allah SWT through our Salah/prayer and Dua. Today we are going to learn - **What is Dua?**

Dua is a conversation with Allah SWT where we can ask Him for anything. We ask Him because ONLY HE can give what no one else can give. Allah SWT has all the power, and we have none. We can't do anything without Allah SWT. So, we should call on Him if we feel sad or need help figuring out a big problem, or even something small. We should make Dua for anything and everything! One of Allah SWT's special names is **Al-Mujeeb, the Responder, the One who Answers!** [***teacher repeat Al-Mujeeb 3 times*]. Allah SWT loves it when we always ask Him and will always listen to our Dua. He answers in different ways - either by giving us what we want, giving us something better, or by giving us a reward instead.

We can make Dua in our minds or out loud. We can open our palms and raise our hands while calling on Allah SWT. There are also some special things we should do when making Dua.

- Start by calling Allah SWT with His beautiful name and others e.g. Ya Allah, Ya Mujeeb....
- **Be patient** – trust your Dua will get answered, even though it may not be straight away!
- **Trust Him.** Understand that the thing you have asked for might not be good for you – only Allah SWT knows what is best for everyone. Inshaa'Allah SWT will give you something even better than what you asked for.

This promise is important because it reminds us we can talk to Allah SWT for whatever we need. Dua is a Muslim's **superpower** in life! We need to use it every day as it is part of our worship to rely on Allah SWT. When we are happy, sad, worried, confused – however you're feeling, you can talk to Allah SWT through Dua, and know for sure that Allah SWT is there for you! He will answer you and everything will turn out alright.

We should always try to make Dua for others as well. When you see someone needing help, lift up your hands and make Dua for them! Do it now - Say, Ya Allah help my friends, help my family and all the people around the world! When you make Dua for someone else, angels do the same for you!

You can make Dua anytime for anything but there are some special times to make Dua are when it is raining, at the end of your prayer or when you are sick.



OPTIONAL ACTIVITY: You can do the **Open Palms Dua Worksheet** together as a class on the board or go to STORY from 3 – 6 below.

STAGE 2 – 3

YEARS 3 - 6

Let's learn about another promise of Allah SWT: **'Call on Me and I will respond to you!'** (Quran 40:60).

And Allah SWT made another similar promise in the Quran: **"When my servants question you about Me, tell them that I am near. I answer their prayers when they call on Me."** (2:186). So, Allah SWT is promising that He is close to us. He hears all our worries and calls to Him and that He will **definitely** answer them. The Prophet SAW said, *'Indeed your Lord... is Shy and Most Generous. He is shy when His servant raises his hands to Him (in Dua) to turn them away empty'*. (Abu Dawud).

What does it really mean to call on Allah SWT?

This means we talk to Him through Dua. Dua is a conversation with Allah SWT! We ask Him because ONLY HE can give. Allah SWT is the one who hears everything that is in our hearts even if we don't say it. He sees, hears and knows everything. Allah SWT has all the power and we have none, we can't do anything without Allah SWT.

With this promise, Allah SWT is inviting you to call out Him, so that He can respond and help you! You should call on Him for everything, if you are feeling down or if you need guidance. Allah SWT has a special name, **Al-Mujeeb**, the **Responder! The One who Answers**. But Allah SWT tells us that He will reply in the way that He knows is best.

Dua is a gift that we should use every day of our lives. Did you know we even make Dua while reciting the Opening Surah in the Quran, Al-Fatiha? The Fatiha, is recited at least twice in our prayers five times a day. Each verse is a Dua, e.g., when we say *"ihdina sirat al mustaqeem"* we are asking Allah SWT to guide us to the straight path!

Some of the special times to make Dua are:

- While in Sujood/prostration during your prayer. (*"The nearest a slave can be to his Lord is when he is prostrating, so invoke (make Dua to) Allah SWT much in it"*). (Sahih Muslim).
- After making Wudu, at the end of your Salah or after the Adhan is called
- While fasting or just before you break your fast
- While travelling
- When it rains

Dua can be for your personal needs and wants. What do you want to ask Allah SWT for? **Just Dua it!** Trust that Allah SWT knows what is best. This means when you make Dua and call upon Allah SWT, you need to be patient and believe that Allah SWT is ALWAYS listening. In fact, Allah SWT fulfils this promise of responding to our Dua in one of three ways:

- He will give you what you made Dua for
- Give you what you wanted later (you might not know when)
- Replace what you asked for with something better

But remember, regardless of the way that Allah SWT responds, He will still reward you for making Dua!

The Best Way to Make Dua:

Allah says, **'And to Allah belong the Beautiful Names, so call Him by them'** (Quran 7:180). So, start by using the names we have learnt so far! The Prophet SAW said, *'When any one of you... wants to make Dua, let him begin with praising His Lord and glorifying Him, then send prayers upon the Prophet. Then he may supplicate for whatever he wishes'*. (Tirmidhi). So, always make sure you end your Dua with salawat to the Prophet SAW. Let's practice together! This is the best way or etiquette of doing Dua:

1. Open your palms and raise your hands
2. Call out with Allah SWT's names. Say, Ya Allah, **Ya Mujeeb**, Ya Rahman, Ya Raheem
3. Ask for whatever you want now...
4. End with praising the Prophet and say Alhamdulillah.



STORY: The Little Old Lady's Dua

There once was a very well-known doctor who was very busy and travelled many places to see sick patients. During one of his flights, they had to make an emergency landing due to severe storm. The doctor and the pilot landed in the middle of nowhere and found a car to continue their trip. While driving, the tyres kept getting stuck in the mud. They weren't getting very far so they stopped at a house on the way. A little old lady answered the door and they asked if they could stay there until the storm calmed down. In the house, the doctor noticed a young boy, laying on a mattress next to a prayer mat. The old lady went to the prayer mat. The lady sat and prayed and making Dua to Allah SWT all night.

The next morning, the Dr thanked the old lady for her kindness and asked her who the little boy was and what was wrong with him. The lady explained, *'He is an orphan, he is my grandson. he is unwell. The local Doctor told me there is only one specialist that can help him and I can't reach this specialist. My grandson is so sick, I pray and make Dua every day and night to Allah SWT that He will help us!*

The Doctor asked the name of the specialist and she told him *'Dr Hashim'*. The Doctor immediately started to cry and told her, *'I am Dr Hashim. I am the specialist your grandson needs to see. And because of your constant and persistent Dua, Allah SWT has bought me here to help your grandson!'*

He explained to her the troubled journey he had until he arrived and that it was Allah SWT who had brought him to her! Subhan Allah! See how Allah SWT fulfils His promise and answers our call!



LESSONS LEARNT:

- **Trust in Allah SWT and His promise.** Have Yaqeen/certainty that Allah SWT will answer your Dua. The Prophet SAW said, *"make Dua to Allah whilst you are certain of a response, because Allah does not accept a Dua from a careless, distracted heart"* (Tirmidi).
- **Remember the power of Dua.** It is our lifeline in life, use it, change your life from now and never underestimate the power you have when you call out to Allah SWT and make Dua. Allah SWT is the maker of miracles and that's who our Dua is made to. Subhan Allah and Alhamdulillah!
- **Build a daily habit by calling out to Allah SWT.** Allah loves it when we ask and make Dua. Get into the habit of asking Allah SWT for anything and everything. Be persistent in making Dua and don't give up. The Prophet SAW said: *"The Dua of every one of you is accepted as long as he does not grow impatient and says; 'I made Dua but it was not accepted.'"* (Muslim).

LESSON 6: Allah SWT Promises to Remember You

Kindy	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it related to. • Students learn what it means to remember Allah SWT and that when we do, we get closer to Allah SWT.
Yrs 1-2	<ul style="list-style-type: none"> • Students learn some benefits of remembering Allah SWT. • Students learn some of the ways they can show their remembrance of Allah SWT.
Yrs 3-4	<ul style="list-style-type: none"> • Students develop their understanding of the Quranic verse and its context. • Students understand the importance of remembering Allah SWT in their actions. • Students learn some special times and ways for remembering Allah SWT.
Yrs 5-6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students understand the relevance of this promise to help guide their everyday lives.

EARLY STAGE 1 – STAGE 1

KINDY – YEAR 2

Allah promises, **“So Remember Me, I will remember you...”** (Quran 2:152).

Allah SWT promises that anytime we remember Him, He Allah SWT will remember us! What does it mean when Allah SWT the creator of entire universe remembers us? It means that whenever you mention Allah SWT on Earth, your name will be mentioned up in the heavens amongst the Angels!

“When a group of people gather for the remembrance of Allah, the Angels surround them, (Allah's) mercy covers them, peace falls on them and Allah mentions them to those who are near Him (Angels)” (Muslim).

Allah SWT loves it when we think of Him and remember Him and try to get closer to Him – and one of His special names is **Al Wadood- the All-Loving!**

Remembering Allah SWT is the easiest act of worship to do! This is because Dhikr of Allah SWT begins in the heart → in your thoughts → on your tongue and in your actions!!!

One way to do remembrance of Allah SWT is through **Dhikr**, which is remembering Allah in our heart and/or mentioning Allah SWT with our words. Making Dhikr of Allah SWT makes us be more aware of Allah SWT, and this helps us love Allah SWT more.

Did you know that everything in the universe, great and small, remembers Allah SWT and does Dhikr? The trees and every animal remember Allah SWT! The sun, moon, sky, clouds, lightning! Everything does Tasbeh/Dhikr of Allah SWT **in its own special way!!!** SUBHAN ALLAH!

Ok, so how do we do Dhikr and Remember Allah SWT?

We can remember Allah SWT in every situation by:

- ✓ Reciting/reading Quran- Quran is the ultimate Dhikr because it is Allah SWT words!
- ✓ Salah! Praying is also a type of Dhikr!
- ✓ **When beginning** most tasks by saying, “Bismillahir- Rahmanir-Raheem.”
- ✓ Remember to thank Allah SWT for his blessings and He will bless and guides our actions.
- ✓ **Tasbeeh: Subhan Allah** (Glory be to Allah), **Alhamdulillah** (Praise be to Allah), **La ilaha illa-Allah** (There is no God worthy of worship but Allah), **Allahu Akbar** (Allah is the Greatest). You don't have to say them in that order. Let's practice these together! *[**Repeat with students].*
- ✓ When you are upset remember Allah SWT and say; **“Aoutho billah minal Shaytan Rajeem”** to get Allah SWT's help and protection.
- ✓ **Before you do anything, STOP, remember Allah SWT and think** – “Would Allah SWT like this action?” Pause, and ask yourself, “Would Allah like it if I said that?”

Can you think of more ways to remember Allah SWT? (*Dua for your morning and evening routines, before drinking or eating, giving thanks when you remember His blessings on you...*).



LESSON LEARNT

- **Remembering Allah SWT helps us to get Allah SWT's help and His Love.** Allah SWT teaches us in this promise that when we really love someone, we show it by remembering them!
- **Before you do anything, STOP, think about and remember Allah SWT and then Do.** Then Allah SWT will remember you too and help you make good choices insha'Allah.

***STOP HERE KINDERGARTEN – GO TO LINKS AND/OR WORKSHEETS

- **The more we remember Allah SWT the more we will stay guided.** Allah SWT has asked us to remember Him all throughout our days and nights. We pray 5 times a day to remember Him. We mention His name before doing any good deed, all of this helps to keep us **CONNECTED and GUIDED** with Allah SWT, because when we are mindful of Allah, He will help us to go to the right places, do the right things, say the right words.
- **Don't forget about Allah SWT.** Being distracted by watching endless videos and playing forever on electronic devices makes us addicted to things and not mindful of Allah SWT. If you forget about Allah SWT, this makes your heart upset and uneasy. Dhikr is like food for our heart! So, be aware of your actions and be from the those who **constantly remember Allah SWT!**

EXTENSION POINTS: (Year 2)

- Dhikr is easy to say but has enormous rewards! *"By saying: Subhan Allah a hundred times, then one thousand good deeds will be recorded for him or one thousand mistakes will be wiped out from his record."* (Muslim) and reciting Surat Al-Ikhlās 10 times gives us the reward of a house in Jannah!

STAGES 2 & 3

YEARS 3 - 6

Allah promises, **"So, remember me, I will remember you."** (Quran 2:152).

Allah promises us that anytime we remember Him, He Allah SWT will remember us! What does it mean when Allah SWT the creator of entire universe remembers us? It means that whenever you mention Allah SWT on Earth, your name will be mentioned up in the heavens amongst the Angels!

"When a group of people gather for the remembrance of Allah, the Angels surround them, (Allah's) mercy covers them, peace falls on them and Allah mentions them to those who are near Him (Angels)" (Muslim). **Taqwa** is being mindful of Allah SWT. So, when we have Taqwa and remember Him, Allah SWT will help and guide us to go to the right places, to do the right things, and say the right words. Allah SWT says: **"Remember Allah much so that you may be successful."** (8:45). And the Prophet SAW taught us remembering Allah SWT is even *"far better than spending good and silver"* in charity (At-Tirmidhi) and nothing that saves us more than remembering Allah SWT! (At-Tirmidhi).

Dhikr means to remember and praise. Dhikr involves remembering Allah in our heart and/or mentioning Allah SWT with our words. Making Dhikr of Allah SWT makes us be more aware of Allah SWT, and it helps us love Allah SWT more. Dhikr strengthens our connection with Allah SWT and brings life to our hearts with the **love for Allah** SWT. When we love someone, we remember them a lot - Allah is telling us in this promise that when we remember Him, we will feel His love back! **"Indeed, it is in the remembrance of Allah that hearts find peace."** (13:28) and one of Allah SWT special names is **Al Wadood - the All-Loving!** So, Dhikr and remembering Allah SWT keeps us connected and close to Allah

SWT feeling His love! Did you know that every act of worship in Islam is done as a form of remembrance of Allah SWT! And that **every single thing** in the universe, great or small, remembers Allah SWT and does Dhikr?! Everything does **Tasbeeh** (a form of Dhikr that involves the glorification of Allah SWT) **in its own special way!!!** SUBHAN ALLAH!

Remembering Allah SWT is the easiest act of worship for us to do and can be **done all the time!** Dhikr of Allah SWT begins in the heart → in your thoughts → on your tongue and in your actions!!!

Remembering Allah SWT means to **BE MINDFUL OF ALLAH SWT at all times. When you remember Allah SWT, He will remember and help you.** Abdullah bin 'Abbas Ra, a young companion/ friend of the Prophet SAW said, *"One day I was riding a horse behind the Prophet, SAW, when he said, 'Young man, I will teach you some words. Be mindful of Allah, and He will take care of you. Be mindful of Him, and you shall find Him at your side..'"* (Tirmidhi). So, the Prophet SAW main message was: **Be mindful of Allah SWT and Allah will protect, help and guide you!**

Ok, so how do we do Dhikr and Remember Allah SWT?

- We can remember Allah SWT in our hearts and mind before doing any action. Before you do it, STOP and think – “Would Allah SWT like this action?” “Would Allah like it if I said or did that?”
- We can remember Allah SWT when we are out for a walk and notice His beautiful creations, when we remember a blessing that He has given us and feel grateful. We can also remember Allah SWT (e.g. His promises and advice to us) when going through a tough time.
- We can use special words or Dhikr from the Quran or taught to us by the Prophet Muhammad SAW. It is important to understanding the meanings of these words and to pay full attention to what you are saying (i.e not just repeat automatically without thinking) if you want the full benefits. These can be:
 1. Dhikr with special conditions like Wudu: e.g.
 - Reciting/reading Qur'an (which is the ultimate Dhikr connection to Allah SWT!).
 - Salah is Dhikr! Salah is **to connect with Allah, to remember Him by praising and thanking Him.** When we start with Allahu Akbar we remind our hearts that Allah SWT is the greatest! We recite Al-Fatiha mentioning Allah names like Ar-Rahman, Ar-Raheem... reminding us of Allah SWT and our purpose.
 2. Dhikr that does not need Wudu and can done anywhere, sitting, standing – even lying down!
 - **Tasbeeh:** The Prophet SAW said, *"The dearest of words to Allah are four: Subhan Allah (Glory be to Allah), Alhamdulillah (Praise be to Allah), La ilaha illa-Allah (There is no God worthy of worship but Allah), Allahu Akbar (Allah is the Greatest).* (Sahih).
 - **When beginning** most tasks by remembering Allah SWT first and saying, “Bismillahir-Rahmanir-Raheem” (In the name of Allah the most kind and very merciful). This also reminds us to thank Allah SWT for His blessings and guides our actions.
 - **When upset;** “Aoutho billahi minal Shaytanil-Rajeem” this will remind us of Allah SWT help and protection.
 - Reciting Qur'an that you know off by heart

Can you think of more ways to remember Allah SWT? (*Keeping away from a bad deed you remember that Allah SWT does not like, doing your morning and evening Adhkar or before drinking or eating, giving thanks by doing Sujood Ashkur, mentioning Allah SWT in every gathering...*).



STORY: The Power of Remembering Allah SWT.

So, we have learnt doing frequent Dhikr leads us to remember Allah SWT often and to be successful. Remember, Prophet Yunis AS? One of the reasons he was saved was because of his great Dhikr!

Remember Prophet Yunis AS was told by Allah SWT to guide his people who were praying to statues/ idols. Prophet Yunis got frustrated because they would not listen to him and he decided to leave. Unfortunately, this was a bad idea because he ended up on a ship and then was swallowed up in a big whale him and in the deep dark ocean! Yunis AS found himself in the dark belly of the whale and frightened, but he did what he was used to doing – his Dhikr of Allah SWT!

Remember Prophet Yunis AS called out to Allah SWT, **“There is none worthy of worship except You, Glory be to You. Indeed, I was of the wrong-doers”** (“La ilaha illa anta subhanaka inni kuntu minaz-zalimin”). This call went and **hovered around the (mighty) Throne** (of Allah SWT), and the Angels said, ‘O Lord, this is the voice of one who is weak but known, in a faraway strange land.’ Allah SWT said, ‘How do you know this?’ They said, ‘O Lord, who is he?’ Allah SWT said, ‘My servant Yunis.’ They said, ‘Your servant Yunis, from whom there kept coming acceptable deeds and supplications/Dua which were answered!’ They said, ‘O Lord, will You not **have mercy on him for what he did during his time of ease**, and save him from this difficulty?’ He SWT said, ‘Of course.’ And He commanded the great fish to take Yunis and send him out on the land. Subhan Allah it was the **constant remembrance of Allah SWT** that allowed his Dua to be answered!

There are huge rewards for Dhikr

- ✓ *“The best dhikr is ‘La ilaha illallah, and the best du’a is ‘Alhamdulillah”* (Tirmidhi)
- ✓ *“Alhamdulillah fills the scales (of good deeds!), and ‘Subhan Allah and ‘Alhamdulillah fill that which is between heaven and earth.”* (Muslim).
- ✓ How can you earn 1000 rewards? Prophet SAW said: *Glorify Allah a hundred times by saying “Subhan Allah” and good deeds will be written for you, or 1000 sins will be wiped away* (Muslim).
- ✓ *Whoever says, ‘Subhan Allahi Wa bihamdihi, one hundred times a day, will be forgiven all bad deeds even if they were as much as the foam of the sea.* (Bukhari)



LESSONS LEARNT:

- **Remind your heart:** Whenever we mention Allah SWT name it wakes up the heart and reminds us that Allah SWT is always close, hearing, seeing us! Remembering Allah SWT makes us **mindful of our actions** so that we always do what Allah SWT loves! So STOP, think about and remember Allah SWT and then Do! Remember Allah SWT whenever you feel happy, sad or even angry because His words will help comfort, protect and calm you. This is the promise because Allah SWT!
- **Words are powerful.** The Words of Dhikr carry huge weight especially on your scale of good deeds so start from today - develop a habit of always remembering Allah SWT. Plant your trees in Jannah and build your palaces in seconds- don’t waste these chances!
- **Surround yourself with people that remind you of Allah SWT.** Try and have good friends that always remind you of Allah SWT- because it will help keep you on the right path to Jannah. e.g., if you are doing something wrong, your friend can remind you that Allah SWT watching you and to do good things that Allah SWT loves like charity, praying etc.
- **Don’t forget about Allah SWT.** Being distracted by watching endless videos and playing forever on devices makes us addicted to things and not mindful of Allah SWT. If you forget about Allah SWT, this makes your heart upset and uneasy. Hurry to the remembrance of Allah SWT at all times Dhikr is like food for our heart! So, be aware of your actions and be from the those who **constantly remember Allah SWT!**

LESSON 7: Allah SWT Promises You Blessings

Kindy	<ul style="list-style-type: none"> • Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it related to. • Students learn a way to be grateful to Allah SWT.
Yr 1- 2	<ul style="list-style-type: none"> • Students learn some of the ways they can show gratitude.
Yr 3-4	<ul style="list-style-type: none"> • Students develop their understanding of the Quranic verse and its context.
Yr 5-6	<ul style="list-style-type: none"> • Students become familiar with part of the verse in Arabic and English. • Students learn about having increase, blessings and barakah in their lives.

EARLY STAGE 1 – STAGE 1

KINDY – YEAR 2

Allah SWT says in the Quran: ‘...**If you are grateful, I will certainly give you more...!** (Quran 14:7).

Firstly, we all know **Allah SWT loves us very much** and He gave us a beautiful planet to live in, filled with everything we need to eat, drink and lead happy lives. Look around; sun, stars, moon, night, day, wind, rain, trees, and everything else has been created to help us in this life. Allah SWT is the One who created us - our amazing bodies; eyes & ears to see and hear His beautiful creations. Subhan Allah how wonderful to know all this and how thankful we are to Allah SWT! He has given us **so many blessings that we will never be able to count them.**

[Teachers:** You can refer visual below in Stage 3-6/Years 3 - 6 to help students understand that **when we are grateful to Allah SWT, He Promises to give us lots more blessings!**].

So, how do we give thanks to Allah SWT? Here are some ways to show thanks or in Arabic/**Shukr**:

- We say ‘**Alhamdulillah**’ which means ‘**all thanks and praise is for Allah**’. Just remember to be thankful when drinking, eating and go about our daily lives. Alhamdulillah for everything.
- What do you say when someone does something nice for you? Like says something kind or gives you a gift or cooks food for you or picks you up from school? Remember to thank them by saying **Jazaak Allah Khair** which means "May Allah reward you (with) goodness." Or at least a thank you!
- Shukr is not only just something we say like Alhamdulillah but Shukr is an action also. Allah SWT gave us a special gift to help us show Shukr everyday (can anyone guess?). **Salah!** Salah uses all our body parts and especially our hearts to appreciate Allah SWT! So do you Salah on time and **thank Allah SWT 5 times every day!**



OPTIONAL ACTIVITY: Gratitude glasses - Ask each Student to put on their imaginary gratitude glasses and think of one thing they are thankful for. Say Alhamdulillah together for each blessing described.



OPTIONAL STORY: Be Grateful and Allah will give You! [Recommended read time 2-3 mins].

Amira LOVED her tablet. But one day, Amira came home from school, and received a shock. Her tablet was lying on the floor. Her baby brother Bilal had found it on the couch where he pulled at it so it fell on floor and the whole screen was smashed!

Amira cried and sobbed; she was devastated. Amira wanted her tablet, and she wanted it NOW. After a while, Amira calmed down, but she was still very upset. Her mother asked her to sit down with her. ‘Amira dear’ she said gently, ‘I know you are sad that your tablet is broken. Sometimes when we are sad it can help us to think of all the good things we still have and to practice being grateful to Allah SWT’ Amira sniffed. Grateful?? Whatever for?! Her precious tablet was BROKEN. How could she possibly be grateful after this? Amira’s mother reminded her that even when you’re sad or feeling bad,

there is still ALWAYS so much that Allah SWT has given us that we can be grateful for. Amira thought hard. What was SHE grateful for? *'I'm grateful that... When Bilal broke my tablet, he didn't get hurt by the broken screen'*, Amira said finally. *'Good!'* nodded her mother. *'What else?'* *'I'm grateful that I... have lots of other games to play with!'* *'Wonderful!'* her mother cheered. *'Can you think of one more thing?'* Amira thought, then snuggled in close to her mother. *'I'm grateful that I have my family to play with Alhamdulillah!'*

Amira's mother gave her a tight squeeze hug and a smile. She was so proud of Amira for looking at the bright side, for remembering her blessings. And you know what? Her mother rewarded Amira for her gratefulness by playing a fun game with her at the park, and Amira found it a lot more fun than playing on her tablet! Subhan Allah, see how when Amira was **grateful to Allah SWT, He gave her more!**

STAGE 2 & STAGE 3

YEARS 3 - 6

Allah SWT says in the Quran: **"And remember when your Lord proclaimed, 'If you are grateful, I will certainly give you more...!' (Quran 14:7).**

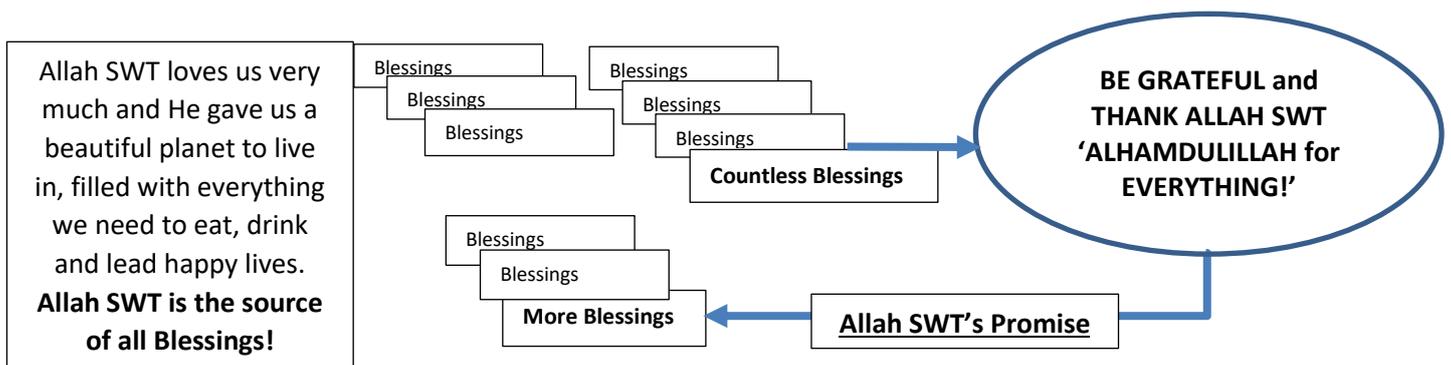
This verse is telling us that being grateful is an important part of being a Muslim and that by practicing gratitude or in Arabic/**Shukr**, Allah SWT **Promises** to give us more blessings!

Being thankful, showing someone gratitude is the way we appreciate those who have helped us or done us a favour. Imagine I gave you a beautiful gift, you would be so grateful and appreciate my kindness. Well, no one has given us and continues to give us gifts and blessings like Allah SWT! He is the one who created us - our amazing bodies; eyes & ears to see and hear His beautiful creations, the sky that showers down water for us to drink and grow fruit and vegetables so we can eat and gain energy...**so many blessings** that we will never be able to count them.

So, this is **why no one deserves to be thanked and appreciated** more than Allah SWT! In fact, in Islam, we have a special word for this, we use it every single day to thank Allah SWT for everything! (Can anyone guess?) We say '**Alhamdulillah**' which means '**all thanks and praise is for Allah**'.

Our religion **Islam** is the greatest blessing ever - one we should never stop being grateful for!!! The greatest of Allah SWT's blessings is having Him happy with us and getting never-ending happiness in Jannah! **Alhamdulillah for being Muslim!**

[****Teacher's Note**: Use this diagram to reinforce being thankful for Allah SWT's countless blessings. When we are grateful to Him → **Allah SWT's Promise is to give us more blessings!** Subhan Allah!]



One of Allah SWT special names is **Ash-Shakoor**; the Most-Appreciative, the Most Grateful. He is the one who appreciates all our efforts and gives huge rewards for every good deed, even small ones.

Prophet Muhammad SAW told us: *“Take advantage of five before five: your youth before your old age, your health before your sickness, your wealth before your poverty, your free time before your busyness, and your life before your death.”* (Al Hakim).

1. **Youth** – As a young person you have strength and enthusiasm but as you age sometimes your mind and body are weakened. **Be grateful for the blessing of young age now** and for how much energy you have to bend down and do your Sujood with any struggle!
2. **Health** – Feeling healthy and having the ability to use all your body part is a huge blessing. Think of those around you who are sick or maybe in hospital and **thank Allah SWT for your good health!**
3. **Wealth** – When we spend on helping the poor and needy this helps us secure a spot in Jannah so thank Allah SWT **that you have money to feed the poor and help the needy!**
4. **Free time** –As you grow up, your life will naturally get busier and busier. Don’t waste the blessing of free time by playing videos games or on social media for hours instead do good deeds like salah or read Quran to earn more hasanat/rewards whilst thanking Allah SWT!
5. **Life** – Be **thankful for each of the blessings mentioned right here, right now!** Don’t let a day pass without saying ‘Alhamdulillah!’ and appreciate whatever happy and sad times, life brings your way.

Know that your blessings are always MORE than your hardships and keep thanking Allah SWT!



OPTIONAL ACTIVITY: Tree of gratitude - ‘Alhamdulillah for everything.’ Draw a tree without any leaves on a whiteboard, and then ask students to say one thing each that they’re grateful for. For each thing, draw a leaf to the tree, until the tree is looking beautiful and full!

How to be grateful to Allah SWT and show Shukr all the time?

- ✓ Shukr is not only just something we say like Alhamdulillah but Shukr can be an action also. Allah SWT gave us a special gift to help us show Shukr everyday (can anyone guess?). **Salah!** Salah uses all our body parts and especially our hearts to appreciate Allah SWT! So do you salah on time and **thank Allah SWT 5 times every day!**
- ✓ Understand and accept that Allah SWT is the Best Planner - **be thankful to Allah SWT even in difficult times**, maybe Allah SWT is testing you to bring you closer to Him, or to see how thankful you truly are when something is lost or when you get sick or are going through a challenge. Be patient; continue to be thankful; always think **‘Alhamdulillah for everything’** and don’t give up - you will get through any challenge inshaa’Allah.
- ✓ Allah SWT has been taking care of you all this time. **Be grateful for whatever you have.** The Prophet SAW taught us to **always remember those who have less than us** - this helps us feel more grateful and less greedy, and not complain about little things, like what food you have for dinner. There are many people who don’t even have that to eat. Be thankful for all blessings, big or small.
- ✓ Prophet SAW said, *“Allah is pleased with His servant if when he eats something he thanks Allah for it, and when he drinks something, he thanks Allah for it”* (Muslim). So, we should always be thankful to Allah SWT by **saying ‘Alhamdulillah’** throughout the day. Say it when waking up in the morning, after eating our meals, drinking water, after every salah, after any news you hear etc.
- ✓ Prophet SAW said, *“He who does not thank the people is not thankful to Allah.* (Abu Dawood). Part of showing thankfulness to Allah SWT is being thankful to people when they do good to you.

Remember to thank them by saying **Jazaak Allah Khair** which means "May Allah reward you (with) goodness." Or at least say "thank you"!

- ✓ Prophet Muhammad SAW taught us to perform **Sujood-ash-Shukr**, which is simply when you put your head down to the ground in Sajdah, in any direction (does not necessarily facing Qibla), even without wudu, to show gratitude to Allah SWT '*...When anything came to the Prophet SAW which caused pleasure (or made him glad) he prostrated himself in gratitude to Allah.*' (Abu Dawud 2774). When we put our head to the ground it makes us feel humble and connected to Allah SWT – it gives us a way to show Allah SWT we love Him for what He gave us. It reminds us that any good we have, has been given from Allah SWT! [****Teacher:** You can ask a student to demonstrate].



OPTIONAL STORY: A funny story on being grateful! [Recommended read time 2-3 mins].

Once upon a time, a King had a servant named Shukr. See, Shukr was suitably named, for he was always grateful to Allah SWT for whatever he had and for whatever situation he was in.

The King loved to hunt, and so one day he and Shukr went out hunting in the jungle. Using a bow and arrow the King was able to target a deer. In response, Shukr shouted, "Alhamdulillah!" The two men went to remove the arrow from the deer, but as they did, the King's little finger got cut. "Alhamdulillah!" cried Shukr. This time, Shukr's gratitude angered the King, whose finger was hurt, and he had Shukr thrown into prison. Even then "Alhamdulillah!" called out Shukr!

The next day, the King went hunting by himself and came across a jungle tribe. They seemed friendly and invited him to join in a special meal. Little did he know that he was about to be kidnapped! They tied him up; but were about to take him as their slave when one man noticed that his finger was cut and looked infected. So, thinking the King was no use to them, the tribe let him go free.

Overjoyed to have been released, the King ran back to the city. After hearing the King's story, Shukr was beside himself, crying out again and again "Alhamdulillah! Alhamdulillah!" Then the King released him from jail, and Shukr went on exclaiming "Alhamdulillah! Alhamdulillah!" Finding this display of gratitude excessive even for Shukr, the King asked, why are you so grateful? Shukr replied, "Because if you hadn't thrown me in jail, I would have gone hunting with you, and the tribe would have taken me as their slave instead of you!"

In this story we learnt a Muslim should always have an attitude of gratitude; be positive in both easy and hard times. This way you will truly understand there is blessing in everything and every situation.



LESSONS LEARNT:

- **The more you are grateful; the more Allah SWT will give!** You can be truly thankful to Allah SWT by making sure to always use the blessings Allah SWT has given you correctly to obey Allah SWT; like using limbs to do salah and using tongue for Dhikr and reading the Quran.
- **Allah SWT, Ash Shakoor:** Our good deeds are never perfect, our salah is never perfect, we can never be grateful enough for all that Allah SWT has done for us. We can never count all His blessings. Yet Allah SWT is so kind and still accepts our good deeds and rewards us greatly. The Prophet SAW taught us to say after every salah: "**Allâhumma a'innî alâ dhikrika, wa shukrika, wa husni 'ibâdatika. Aameen. O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner**" (Abu Dawud).
- **Keep a gratitude journal:** Noting down at least 3 blessings each day or things that made you say 'Alhamdulillah' is a way to help you practice and increase your gratitude. This will help set your intention on always being thankful to Allah SWT and praising Him for helping you to be among those who give thanks.

LESSON 8: Allah SWT Promises Help

KINDY	<ul style="list-style-type: none"> Students are introduced to parts of a verse in the Quran and to a name of Allah SWT that it related to. Students understand that Allah loves them and is their Best Helper.
Yr 1 - 2	<ul style="list-style-type: none"> Students understand Allah's help comes in many different forms. Students understand that we rely on and trust in Allah SWT. Students understand if they want Allah SWT's help, they should also help themselves and help others.
Yr 3 - 4	<ul style="list-style-type: none"> Students develop their understanding of the Quranic verse and its context. Students learn about asking Allah SWT for help and putting their full trust in Allah SWT (Tawakul) can benefit everyday lives (e.g. tawakkul helps us to stay hopeful, strong, positive, energetic and determined).
Yr 5 - 6	<ul style="list-style-type: none"> Students become familiar with part of the verse in Arabic and English. Students extend their understanding of Tawakkul (trust in Allah SWT). Students understand the relevance of this promise to help guide their everyday lives.

EARLY STAGE 1 - STAGE 1

KINDY - YEAR 2

Allah SWT promises that He is the One that will always help us, **“And rely upon Allah; and sufficient is Allah as Disposer of Affairs.”** (Quran 33:03).

When we are experiencing difficult times, it is easy to feel as though you are alone and that there is no one who will help you. While this is a normal feeling, a Muslim should remember that Allah SWT is always around to help us whenever we feel low or go through hardships in life.

It is fine to seek help from your parents, family members and friends. But, ultimately, we should always rely on Allah SWT as He is the Only One who can actually help us in the best way possible! Does this mean that we can't ask for help from anyone else? No, of course not! We can always help from **BOTH** Allah SWT and from others! We just understand that Allah SWT is the One behind all help that occurs.

This promise reminds us that a Muslim should not forget to make *Dua* (supplication) to Allah SWT whenever they need anything. It could be as small as asking for a yummy snack or as big as asking for something like a house. **Whatever need, we should expect that Allah SWT will help us!**

Allah SWT has many beautiful names and one of them is **Al-Wakil, The Disposer of Affairs**. This means that Allah SWT is the One in complete control over everything in this world and the one that takes care of our lives. This means that we should have complete trust in him because of this!



STORY Time! The Help of Allah SWT.

Does anyone know the name of the Prophet that Allah SWT helped with the fire? Prophet Ibrahim AS!

Prophet Ibrahim AS was just a young man when he was trying to call people towards the message of Allah SWT, but his people did not listen to him. Not only did they not listen to him, but they said they would hurt him! So, Ibrahim AS decided to try something different.

One day, when all of the people were at a huge feast celebrating, Ibrahim AS went to their temple, and he destroyed all of the idols that they worshipped except for the biggest one to try to teach them that their statues couldn't help themselves and couldn't help the people either. But the townspeople didn't understand, they were still just angry and ordered for Ibrahim AS to be tossed into a fire!

They tied him up and were ready to toss young Ibrahim AS into the fire. At this moment, Ibrahim AS asked Allah SWT for His Blessing and that Allah SWT to be happy with him. Because of this, Allah SWT told the fire to be cool and peaceful for Ibrahim AS! **Because of the help of Allah SWT, Prophet Ibrahim AS was not hurt from the fire at all!** Subhan Allah!

This is how Allah SWT helps the believers when they call out to him. *So, who should we always turn to for help? Allah SWT! Can we only ask Him SWT for the big things that we need help with or the small*

things too? You can ask Allah SWT for help with anything! It could be help with getting a new toy, help with a school test, help with baking a cake, help with a problem with a friend etc.

STAGES 2 – 3

YEARS 3 - 6

Here is a direct promise that **Allah SWT will always help us and that we must rely on Him!** Allah said, **“And rely upon Allah; and sufficient is Allah as Disposer of Affairs.”** (Quran 33:03).

Every single person in the world experiences sadness, grief, disappointment, and worry. So, what do we do when we experience these hardships? Who do we turn to? It is normal to want help from those around you like friends and family. For instance, if someone is mean to you at school, you should ask for help from your teachers. There is nothing wrong with expecting help from those who can help you. We should not feel any shame for asking others to help us.

However, we should remember that the One who can help us in the most perfect way is...? Who is it? **It is Allah SWT!**

Allah SWT hears and sees everything that happens in this world. He SWT hears the cries of help from even a small ant Subhan Allah!

Allah SWT has many beautiful names and the one that we’ll talk about today is **Al-Wakil, The Disposer of Affairs**. But what does Al-Wakil mean? **Al-Wakil means that Allah SWT is the only One who takes complete control and charge of the affairs of those under His care.** He SWT is the one that manages all of our lives in the best manner possible. It means that He is the One we should depend on and rely on for help, because all power is His!

What a beautiful name! Subhan Allah! But how do we live our lives by remembering this wonderful name?

One way to remember that Allah SWT is the one who manages our lives is by having **Tawakkul**. **Tawakkul means having trust in Allah SWT and in His Plan.** Someone who has Tawakkul will try not to lose hope in Allah SWT during sad times because they know that Allah SWT only does things for our benefit. Tawakkul doesn’t mean that we don’t try to do our best or put our effort in and leave it all to Allah SWT. No, **true Tawakkul is putting in the effort yourself and then having trust in Allah SWT.** Remember, you should put your own effort in, seek help from others AND make Dua to Allah SWT.

For example, imagine that your test is a speech that you have to give but you’re very nervous about it. From your end, you try your best and practice at home after writing up a good speech. Once your speech is complete, you might ask your mother or your teacher to read over it and help you with it. After doing that, all you can do is try your best and trust that Allah SWT will take care of you!

Through the lives of the Prophets, we see that they always made *Dua* to Allah SWT **AND** they put in their effort as well. Prophet Nuh AS made *Dua* to Allah SWT whilst also building the ark, Prophet Muhammad SAW sought help from Allah SWT, and he also took his own actions like building a large Muslim community or keeping the Muslims safe from their enemies.

Let’s look at a story of one of our great Prophets to see how Allah SWT helped him in his struggles. Does anyone know about the story of Ibrahim AS and the fire?



STORY time: The Help of Allah SWT

Prophet Ibrahim AS was just a young man when he trying to call people towards the message of Allah SWT, but his people did not listen to him. Not only did they not listen to him, but they threatened to harm him too! So, Ibrahim AS decided to try something different.

One day, when all of the people were at a huge feast celebrating, Ibrahim AS went to their temple, and he destroyed all of the idols that they worshipped except for the biggest one to try to teach them that their statues couldn't even save, harm or help themselves, and so they couldn't help the people either. But the townspeople still wouldn't understand and were just very angry with Ibrahim AS. They ordered that Prophet Ibrahim AS be tossed into a huge fire!

They tied him up and were ready to toss him into the fire, but at that moment, Prophet Ibrahim AS asked Allah SWT for His Blessing and to be happy with him. Because of this, Allah SWT told the fire to be cool and peaceful for Ibrahim AS. **Because of the help of Allah SWT, Prophet Ibrahim AS was not hurt from the fire at all!** Subhan Allah!

This is how we see the promise of Allah SWT play out. Allah SWT promised that He is Sufficient for us and because of this, we should rely on Him for help. Do you see how Allah SWT helped Ibrahim AS after he relied on Him? We should also remember that this promise was not just for the prophets, no, **Allah SWT promised to help each and every one of us, when we trust Him!**

How else can we make sure that Allah SWT will help us?

Allah SWT says, **"...Allah is with the believers."** (Quran 8:19).

This verse teaches us that if we want the assistance and help of Allah SWT in this world, we need to be doing the right thing. This is because Allah SWT is always with those who believe in him. So, when we are making Dua to Allah SWT, we must make sure that we are doing it while believing in Him SWT completely and believing that He **WILL** help us.



LESSONS LEARNT:

- ✓ **Allah SWT promises to help us:** When we are experiencing any sort of difficulty in life, we should always remember that Allah SWT will help us. We just need to ask Him SWT for His Help sincerely.
- ✓ **Allah SWT is Al-Wakil:** We can trust that Allah SWT will arrange our matters in the most beneficial way possible. He SWT has complete control over everything and is the One that we should rely on when we're in need of help.
- ✓ **We try our best and then have Tawakkul- trust in Allah SWT:** We must try to help ourselves and seek out a way to make our problems in life easier. But after doing that, the most important thing is for us to remember that Allah SWT will help us so we must trust in Him.
- ✓ **Allah SWT promises to help all of us with anything:** This promise of Allah SWT is not just for the prophets but rather, it is for every single person. We must believe that Allah SWT will help us for whatever we ask of Him. It can be for anything big or small.
- ✓ **Allah SWT promises to be with the believers:** Allah SWT will always help those who believe in His message and the ones that do the things that are loved by Him SWT. We should always make sure that we try to gain closeness to Allah SWT by doing what He loves from us (like being kind to others) and staying away from the things that he dislikes (such as being rude to others). This will help us gain the help of Allah SWT.

LESSON 9: Our Promises to Allah SWT.

Kindy	• Students understand that our faith (Iman) needs to be shown in our ever day actions.
Yr 1-2	• Students explore what promises and goals they can make themselves and Allah SWT so that they live fulfilling their Shahadah.
Yr 3-4	• Students understand they have responsibilities towards Allah SWT, themselves, the Muslim community and world.
Yr 5-6	• Students understand the relevance of their promises to help guide their everyday lives.

*****Teachers Note:** This lesson is combined lesson for K – 6. Please select appropriate points based on your student’s abilities.]

EARLY STAGE 1 – STAGES 3

KINDY - YEAR 6

So, this term we have been learning about some of Allah SWT beautiful promises! Allah SWT gives us so much Subhan Allah! But what about our promise to Allah SWT? We know what good deeds we must do to receive the promises of Allah SWT. His guarantees are not automatic – they require effort from us too.

What can we do to receive the promises of Allah SWT?

1. **Believe in Allah SWT alone:** He is the **only one we believe in and pray to.** (Shahadah). We need to believe in all His Prophets and follow His final Prophet Muhammad SAW. We need to make Muhammad SAW our role model and follow his teachings!
2. **Accept Allah SWT’s guidance and follow it with love and certainty.** (Salah, Zakat, fasting). Understand that everything Allah SWT has asked us to do is for our own benefit, so that we can live in this world peacefully. Allah SWT’s terms and conditions are for everyone’s benefit. We should accept and love the way of Allah SWT and the Prophet SAW. Muslims chose to agree to Allah SWT instructions and **listen to and obey Allah SWT fully because they are best for everyone!**
3. **Be sincere/true** in all our actions. Make sure we do them for Allah SWT (not to show off/ people’s sake or for their likes). Our good deeds should be done with **love and truthfulness.** This means they should come from our hearts e.g., **wanting** to stand in front of Allah SWT in Salah to thank Him.
4. **Hold onto the Quran:** We need to believe and recite, listen to the special words of Allah SWT, the Quran, and understand His words and promises! It is necessary for us to learn and recite the Quran and try and save as much of it as we can in our hearts and actions. Imagine the day you finally meet Allah SWT and proudly show Him all the Quran you **saved in your heart!** This takes effort and hard work so make sure you start today!
5. **Have excellent character/ good manners.** Follow the religion of Islam. Take pride in your religion, **LOVE what Allah SWT loves, and keep away from what Allah SWT dislikes** (like lying, cheating). The more we practice Islam, the more we become closer to Allah SWT!
6. **Be people of Good:** Practice truth, honesty, fairness, mercy, forgiveness, gratefulness (Shukr), patience (Sabr), mindfulness, Taqwa and Tawwakul. We need to be people who are constantly aware of and mindful of Allah SWT in all our actions and with constant Dhikr and constant Dua!

If we uphold our part by trying our best to be good Muslims, Allah SWT will uphold His part and gift us with His promises!! The ultimate final promise is to enter His Jannah and see Allah SWT - may Allah SWT make us all from those who enter Jannah! (Say Ameen!)



STORY K - 2: Staying on the Right Path, Sirat Al-Mustaqueem, to gain Allah SWT’s pleasure and promises!

Once a man came to Prophet Muhammad SAW and said, "Oh Prophet of Allah, I have many bad habits. Which one of them should I give up first?" The Prophet said, "Give up **telling lies first and always speak the truth.**" The man really wanted to be a better person and so he **promised** to do so and went home.

At night the man thought about going out to steal. Before setting out, he thought for a moment about the promise he made with the Prophet. "If tomorrow the Prophet asks me where have I been, what shall I say? Shall I say that I went out stealing? No, I cannot say that. But nor can I lie. If I tell the truth, everyone will start hating me and call me a thief...." So, the man decided not to steal that night and gave up this bad habit.

Next day, he felt like drinking a haram drink but when he was about to do so, he said to himself, "What shall I say to the Prophet if he asks me what did I do during the day? I cannot tell a lie, and if I speak the truth people will hate me, because a Muslim is not allowed to drink that haram drink." And so, he gave up on that idea too.

Whenever the man thought of doing something bad, he remembered his promise to tell the truth at all times and his goal to be a good Muslim and so **one by one, he gave up all his bad habits and became a very good Muslim!**



STORY 3 – 6: Be with Allah SWT and Allah SWT will be with You!

'Abdullah bin 'Abbas RA was a young companion/ friend of the Prophet SAW. One day the Prophet SAW gave him some golden advice! He reports: *"One day I was riding a horse behind the Prophet, SAW, when he said, 'Young man, I will teach you some words. Be mindful of Allah, and He will take care of you. Be mindful of Him, and you shall find Him at your side. If you ask, ask of Allah. If you need help, seek it from Allah. Know that if the whole world were to gather together in order to help you, they would not be able to help you except if Allah had written so. And if the whole world were to gather together in order to harm you, they would not harm you except if Allah had written so. The pens have been lifted, and the pages are dry.'* (Tirmidhi)

So, the Prophet SAW main message to ibn Abbas was: **Be mindful of Allah and Allah will protect you and guide you!** We will see how Allah SWT fulfils His promises when we are doing our part too!



LESSONS LEARNT:

Muslims must act on our belief in Allah SWT. This means we have to try our best to please Allah SWT. What can you try to do to please Allah? Think about one small, good thing you want to do or one bad deed you want to keep away from. Now, make this your intention or goal. Say in your mind and heart, O Allah, I really, really want to (e.g. always tell the truth, stop being a bully, be a friendly person, never missing another Salah – whatever it is you want to do!) so I can gain your pleasure. Ya Allah, I'm going to do all I can to keep this promise to you.... Ya Allah, you are the Wakeel, the Gafoor, the Wahaab, An-Naseer, the Tawaab, I am sorry for my past mistakes, you are the Best Helper, please help me to be a better Muslim and stick to this promise as much as I can, Ya Allah please send blessings to the Prophet Muhammad SAW and alhamdulillah for everything!"

And then plan and set out steps for making your goal and promise come true Inshaa'Allah.

LESSON 10: Revision

KINDY	• Students reflect on lessons learnt throughout the term and strategies for implementing these in their everyday lives.
Yr 1 - 2	• Students reflect on lessons learnt throughout the term and strategies for implementing these in their everyday lives.
Yr 3 - 4	• Students reflect on lessons learnt throughout the term and strategies for implementing these in their everyday lives.
Yr 5 - 6	• Students reflect on lessons learnt throughout the term and strategies for implementing these in their everyday lives.

[**Teachers you may use this week to go over missed lessons and recap some lessons learnt or you can quiz your students using some of the suggested questions below]:

Kindergarten

- We worship one God, who knows His Name? (*Allah SWT*).
- Who knows another one of Allah SWT's names? (*Go over syllabus/workbook if needed*).
- Allah SWT is very kind and has made us promises, can you remember any? (*See syllabus!*).
- Where do we find some of the promises of Allah SWT? (*Quran!*).

Years 1 - 6

- Allah SWT has other names that he chooses to call himself by, can you remember some of the ones mentioned this term? [***Teachers you may use the worksheet whilst going through them also*].
- What promises of Allah SWT can you remember? (*Go over verses from this syllabus if needed*).
- Where can you find some of the promises of Allah SWT? (*Quran!*).
- Can you remember a story from this term? [***Bonus points if they recall a Lesson Learnt!*].
- What are most grateful for???
- 3 things Allah SWT loves? (*Good deeds, honesty, forgiveness, gratitude, asking Him for help etc*).
- Why does Allah SWT want us to call out to him? (*He loves it when we ask Him for help!*).
- When should we remember Allah SWT? (*All the time*).
- Are there any specific times Allah SWT commanded us to remember Him (*Salah times!*).
- Does the lightning to Tasbeh/Dhikr of Allah SWT? ... (*Yes! What else does?*).
- What is Allah SWT ultimate "great reward?" (*His Love and His Jannah*).
- What do you need to get into Jannah? (*Belief, good deeds, Allah's forgiveness*).
- Why do you think Allah SWT gives having ease with hardship? (*People remember to look for the positives, it gives people a reward for their patience, gives hope, people feel loved by Allah SWT*).

EXTENSION/ Bonus points

What are the steps for Tawbah?

1. Feel bad for what you have done, be sincere of the repentant. Mean it.
2. Stop the bad action right here, right now! No more, give it up.
3. Make a strong decision to never to go back to doing the bad deed.
4. If you have taken someone else's things or hurt them, fix this.

What are the steps for the Tawbah Prayer? (1. Make Wudu 2. Offer two Rakaat (units) of extra Salat 3. Ask Allah SWT for forgiveness for the bad deed – whether big or small).

***** Please remember to wish students a lovely and safe holiday break!**

Jazakum Allahu Khayrun teachers for your dedication and hard work. May Allah SWT accept your deeds as a Sadaqah Jariyah and grant you endless rewards. Ameen.